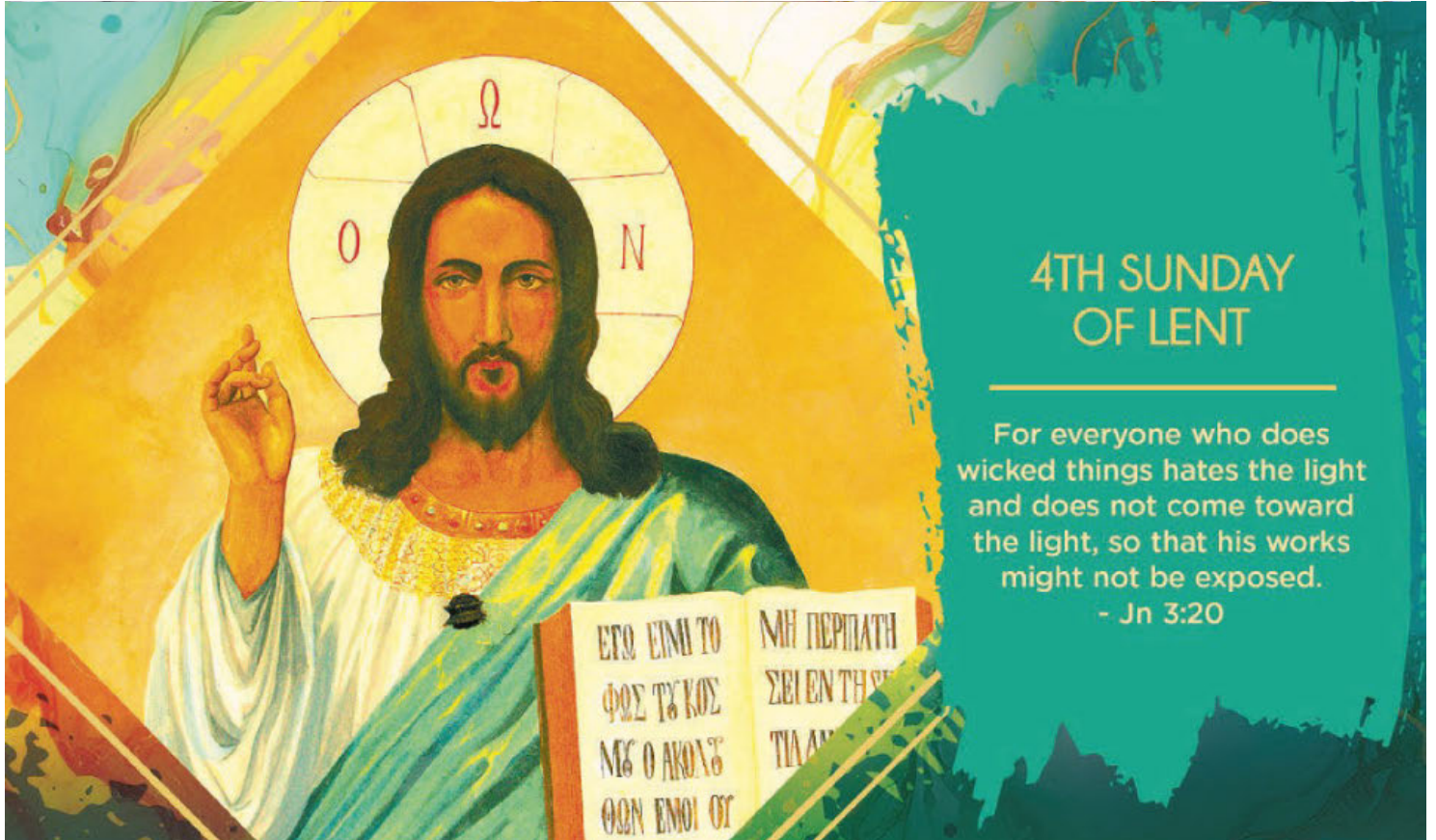


MARCH 10, 2024 | THE FOURTH SUNDAY OF LENT

# Cathedral OF THE Incarnation



## 4TH SUNDAY OF LENT

For everyone who does  
wicked things hates the light  
and does not come toward  
the light, so that his works  
might not be exposed.  
- Jn 3:20

## MASS SCHEDULE

### WEEKDAY MASSES

Monday - Friday 7:00 AM & 12:10 PM  
Monday - Thursday 5:30 PM UCat

### WEEKEND MASSES

Saturday 8:00 AM (First Saturday Only)  
5:00 PM Vigil Mass

Sunday 8:30 AM, 11:00 AM, 5:00 PM

### CONFESSION

Saturday 3:00 PM - 4:30 PM

## CONTACT US

2015 West End Avenue  
Nashville, TN 37203-2304

(615) 327-2330  
info@cathedralnashville.org  
www.cathedralnashville.org

### PARISH OFFICE HOURS

Monday - Thursday  
8:00 AM - 4:00 PM  
Friday 8:00 AM - 12:00 PM  
Saturday - Sunday Closed

## OUR CLERGY

12TH BISHOP OF NASHVILLE  
Most Rev. J. Mark Spalding, J.C.L.

PASTOR & RECTOR  
Father Eric Fowlkes

ASSOCIATE PASTORS  
Father Aby Thanickal  
Father Dan Steiner

DEACONS  
Joe Holzmer, Thales Finchum,  
Mark Faulkner



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[www.universitycatholic.org](http://www.universitycatholic.org)

## MASS INTENTIONS

Mass intentions may be obtained for loved ones, living or deceased, through the parish office. Please email [info@cathedralnashville.org](mailto:info@cathedralnashville.org).

### SATURDAY, 3/9

5:00PM † Walton C. Thompson (15th Ann) by Pete & Katherine DeLay

### SUNDAY 3/10

8:30AM † John Lawrence by Chris & Patricia Casa Santa

11:00AM † John (Jack) Coode, III & Clarence Henard by Cornelia Coode & Doug Henard

5:00PM People of the Parish

8:00PM University Catholic Students

### MONDAY, 3/11

7:00AM Thomas Francis O'Brien, V by Kevin Raymond

12:10PM † John T. Mulhall, Jr. by the Stevens Family

5:30PM † Repose of the Souls of the Twins

### TUESDAY, 3/12

7:00AM † Fr. Charlie Strobel by the Family

12:10PM Special Intention for Seminarians by Heart of Mary Group

5:30PM † Shirley Mathis Lansden

### WEDNESDAY, 3/13

7:00AM RCIA Catechumens and Candidates

12:10PM † Sue Ellen Harkrader Johnson by Deacon Joe & Pam Holzmer

5:30PM Patricia Hunt

### THURSDAY, 3/14

7:00AM Rosario Ramada (Special Intention) by the Cathedral Staff

12:10PM Georgia Beasley Birthday by Elizabeth Earthman

5:30PM Patricia Hunt

### FRIDAY, 3/15

7:00AM Ann Felmer by Charlie Bulfino

12:10PM † Marion Canale King by Rhett & Estie Harris

### SATURDAY, 3/16

5:00PM † Charles Taylor Birthday (Rem.) by the Beal Family

*May the Souls of the Faithful Departed,  
through the Mercy of God, Rest in Peace. Amen*

## This Week At Cathedral

March 9 - March 16

### SATURDAY

7:00pm Cursillo Group in RM 303 & 304

### SUNDAY

Coffee & Donuts After Morning Masses

8:00am Rosary Before Mass

8:30am CLOW RE RM 104

4:00pm CYA Book Club RM 202

### MONDAY

4:30pm UCat Confession/Adoration

6:30pm CYA Bible Study RM 305

7:00pm Boy Scouts RM 304

### TUESDAY

4:30pm UCat Confession/Adoration

5:30pm Legion of Mary RM 204

6:30pm Cursillo RM 202 & 206

### WEDNESDAY

4:30pm UCat Confession/Adoration

### THURSDAY

4:30pm UCat Confession/Adoration

7:00pm RCIA RM 303 & 305

### FRIDAY

No Scheduled Events

**eGiving** makes it easy to give anytime, anywhere. Online donations through OSV sustain our parish ministries and keep our offertory consistent. Plus, it's a quick and easy way to support your parish! If you make a switch today, you'll be giving steady support to the parish ministries you care about most. Thank you for helping us reach our goals! Just scan the online giving QR code or visit us at:

[www.osvhub.com/cathedralnashville/giving/funds](http://www.osvhub.com/cathedralnashville/giving/funds)





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7th Annual

# Cathedral Open

Golf Tournament

Franklin Bridge  
Golf Course

Saturday  
April 6, 2024  
8AM Shotgun Start  
(Registration begins at 7AM)



\$125/player . \$500/team  
Breakfast & Lunch provided

Long Drive Contest  
Hole in One & Closest to the Pin

Sponsorships available. For more info or  
to register contact **(615) 238-1582**  
Ken Duncan ken.duncan@gilacorp.com

## MEALS FOR PRIESTS

You can sign up by using this link

<https://www.signupgenius.com/go/8050D48AFAE2F4-feasts1>

or Scan the QR Code

Please sign up to make a meal for our priests and pray for our priests. We would like to provide two meals a week for our priests, on Monday and Wednesday nights. Please sign up to make a meal to serve 2 priests on Monday night and 4 priests on Wednesday night. If you are unable to cook a meal you can provide a restaurant gift card. Your family can also sign up to pray for our beloved priests.

It's a wonderful way to say thank you  
and keep our priests healthy  
throughout the year.

For more information  
call Shawn Curley at  
615-497-1513  
or Debbie Rayhab at  
615-584-0732



RCIA could use a few  
sponsors to complete  
our list of folks helping  
our Catechumens and  
Candidates on their  
journey into the  
Church. If you'd like

to help between now and Easter, please  
contact [KFRaymond@cathedralnashville.org](mailto:KFRaymond@cathedralnashville.org).

## STATIONS OF THE CROSS

Will follow the 12:10pm Mass  
every Friday during Lent.



We will also have additional Confession times from  
6:30-7:30pm on Wednesdays during Lent. This  
replaces the 3-4:30pm Wednesday Confession time.

## Diaper Fair for Mulier Care



MULIER CARE

The Diaper 500 is  
running this Lent ...  
Mulier Care is in  
need of diapers.

Mulier Care is a pregnancy crisis  
organization providing help for  
expecting women. Donating diapers is  
the most life affirming support we can  
give them right now. It is their most  
pressing need.

We will continue to collect diapers up to  
and including Sunday, March 24, 2024.  
Look for collection boxes around the  
church. Your donations are greatly  
appreciated!

**I AM**  
THE RESURRECTION  
AND THE LIFE.



We host 20 men every Tuesday night. Set up begins at 5:30pm in the Fleming Center.

**We are always in need of innkeepers to stay the night.**

If you are able, please consider helping in this role. Also, we no longer have a bus in the morning, so if you can help as a morning driver, please sign up.

The sign up sheet (QR) is here:

Also, we have started the Amazon store. This will be updated throughout the season. Everything is shipped directly to the Cathedral.



<https://www.amazon.com/registries/gl/guest-view/MOQNY7ZCD0S0>

Contact Sarah McLeod at 615-308-9767 or [mcleodsarah@comcast.net](mailto:mcleodsarah@comcast.net) for more information.

## JANUARY BAPTISMS & WEDDINGS

### January Baptisms

Andrew Patrick Hardy  
child of Matthew and Caroline Hardy

Isaac Lawson  
child of Alvis and Jordan Lawson

Brooks Paul Jeanfreau  
child of Adam and Michelle Jeanfreau

Elisabetta Ivette Laughlin  
child of Zane and Maria Laughlin

Aurora Zannah Dewey  
child of Austin and Joana Dewey

### January Weddings

Christopher Nichols and Kathryn Porterfield

Jacob Sesler and Carmen Mariea

Andrew Voecks and Elizabeth Sapp

Whitney Williams and Natalie Canella

Nicholas Tingle and Gloria Hess



"There are in truth three states of the converted: the beginning, the middle, and the perfection. In the beginning they experience the charms of sweetness; in the middle the contests of temptation; and in the end the fullness of perfection."

~ Pope Saint Gregory I  
Feast Day February 12



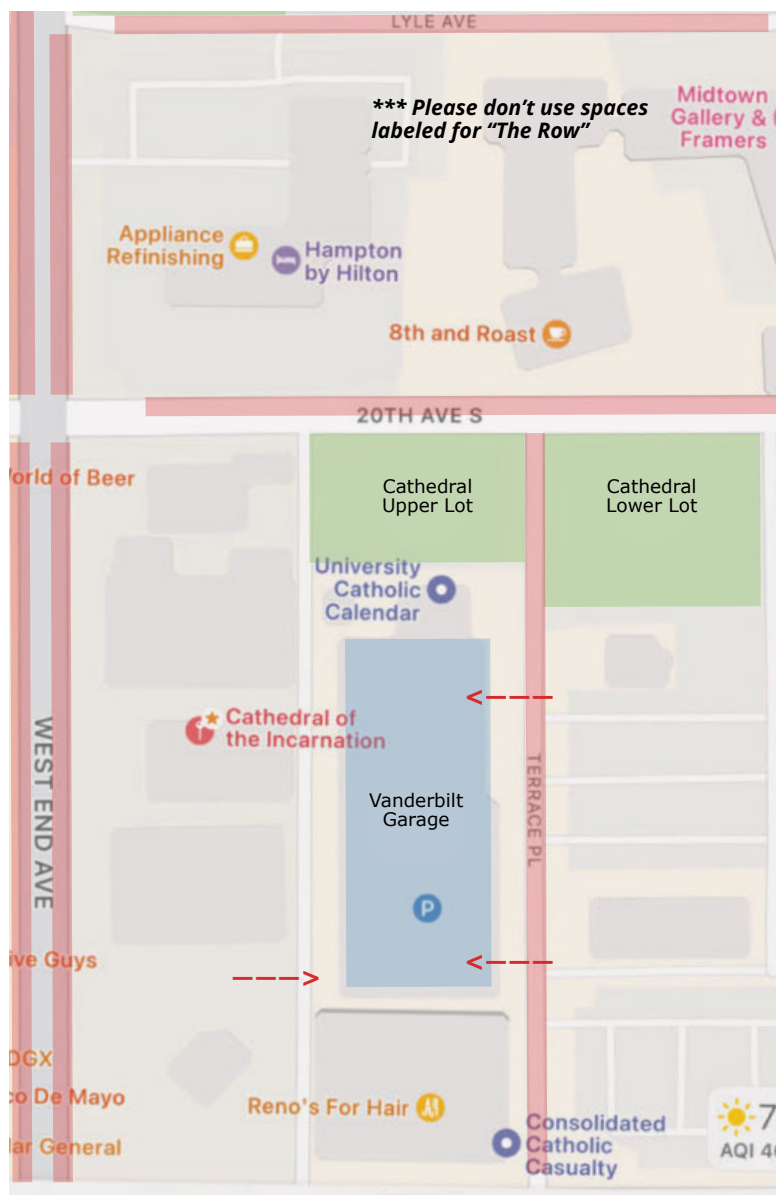
## Parking information

The number of people attending Mass on weekends at the Cathedral continues to multiply. We are blessed by so many joining us. It does present some challenges with parking, especially on Sunday mornings. This is a GREAT problem to have! Because parking can be a premium, we suggest you come a few minutes early and not feel rushed to find a parking space in the neighborhood.

Parking is available for free in the lot behind the rectory and the lower lot across Terrace Place (highlighted in green). Vanderbilt is most gracious and provides us free entry to the garage (highlighted in blue) on most weekends. Entrance to the garage can be accessed from the alley or from Terrace Place (indicated by red arrows on map). There is also paid parking available on your by streets (highlighted in red).

Parking in a vibrant downtown neighborhood can be a challenge. We are grateful for your understanding and patience. We appreciate you being a part of our cathedral family and choosing to worship with us.

	<b>Cathedral Parking - Free</b>
<b>KEY</b>	<b>Vanderbilt Garage available most weekends - Free</b>
	<b>Paid street parking</b>



Every Wednesday until  
**Sunday March 24th**,  
our community will take part in



## 40 Days for Life

40 days of prayer and fasting for an end to abortion. You are invited to stand and peacefully pray during a 40-day vigil in the public right-of-way outside Planned Parenthood (412 Dr. D.B. Todd Jr. Blvd, Nashville, TN 37203), and also to help spread the word about this important community outreach. Please come and pray for at least an hour.

**The Cathedral will be sponsoring Saturday March 2nd, so kindly sign up for that day. Planned Parenthood is still doing abortion referrals and chemical abortions are still occurring in our state through the use of the pill RU-486 (mifepristone).**

### Key Events:

**Rosary Rally:** March 16 at 12:00 pm at Planned Parenthood

**Closing:** March 24 at 2:00 pm starting with Lift High the Cross Procession from the Cathedral of the Incarnation back parking lot to Planned Parenthood (0.7miles) for Stations of the Cross outside Planned Parenthood.

If you'd like more information – and especially if you'd like to volunteer to help, please contact Roy Silveira at [roysilveira@gmail.com](mailto:roysilveira@gmail.com). Also visit the website at [www.40daysforlife.com/nashville](http://www.40daysforlife.com/nashville) for more information and to sign up.

## LOOKING AHEAD TO HOLY WEEK 2024



Here is a schedule of the events of Holy Week so you can plan ahead!

**Palm Sunday Masses, March 23/24:**  
Saturday 5pm, Sunday 8:30 & 11am, 5pm

**Chrism Mass, March 26:**  
6:30pm at the Catholic Pastoral Center

**Holy Thursday, March 28:**  
7pm

**Tre Ore, March 29:**  
12pm - 3pm (including Stations of the Cross at the conclusion of the Tre Ore)

**Good Friday, March 29:**  
7pm

**Easter Vigil, March 30:**  
7pm

**Easter Sunday, March 31:**  
Sunday 8:30 & 11am, 5pm

## Arise to Blessedness

April 5 and April 6, 2024

NDCCW Retreat by

Nashville Diocesan Council of Catholic Women at  
Scarritt Bennett Center

1027 18th Ave. S.

Nashville TN 37212

Please plan to join the Nashville Diocesan Council of Catholic Women (NDCCW) as they offer a retreat at the beautiful, peaceful Scarritt Bennett Center.

Reserve your room early to get the best rooms and call Scarritt Bennett directly at 615-340-7469. Use the code SBC 2024 to get the special group rate. Please let them know if you need to be on the first floor.

Friday, April 5, 2024 9:00am - 4:00pm

Saturday, April 6, 2024 9:00 am - 2:00pm

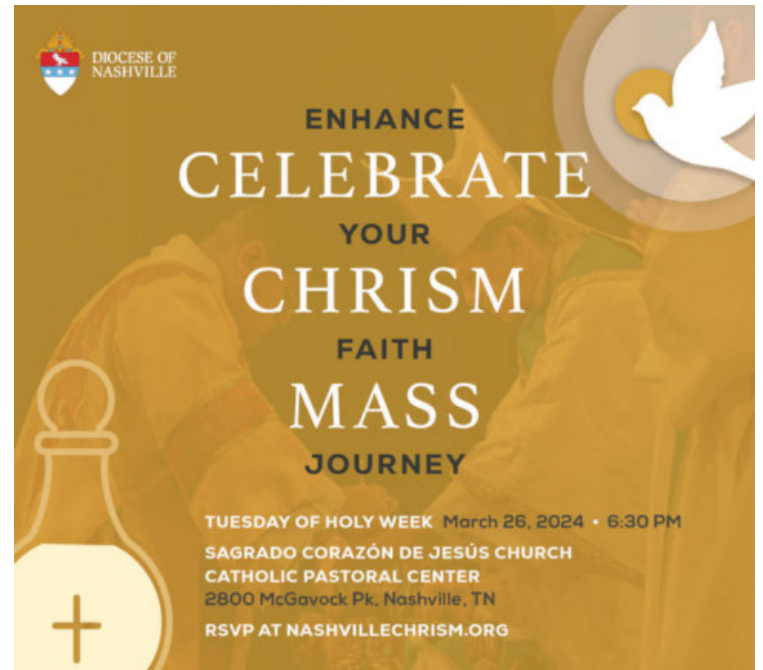
Cost includes lunch and dinner on Friday, breakfast & lunch on Saturday

Fri afternoon and Sat: Members \$100, Non-members \$110

One day only: Members, \$50 Non-members \$60

RSVP by March 29

INFO: [NDCCWRetreat2024@gmail.com](mailto:NDCCWRetreat2024@gmail.com)



## WHAT IS THE CHRISM MASS?

The Chrism Mass is the special Liturgy where the bishop of a diocese will bless the oils that will be used in the various Sacraments throughout the year. In our diocese, it is celebrated on the Tuesday of Holy Week and it gathers all the priests of the diocese together with the bishop.

There are three oils that are blessed or consecrated:

- The Oil of Catechumens (oleum catechumenorum or oleum sanctorum)
- The Oil of the Infirm (oleum infirmorum) and
- The Holy Chrism (sacrum chrisma)

The Oil of Catechumens is used during baptisms, in the consecration of churches, in the blessing of altars and in the ordinations. During the Baptism liturgy, there is a Prayer of Exorcism where we ask to be delivered from Original Sin. This prayer is followed by an anointing on the chest with the Oil of Catechumens. It represents healing and strength for the person being anointed.

The Oil of the Infirm is the oil that is used for the Anointing of the Sick, as it represents healing. When a person receives this Sacrament, the priest will pray: "Through this holy anointing, may the Lord in His love and mercy help you with the grace of the Holy Spirit." The priest then anoints the person's hands, saying, "May the Lord who frees you from sin, save you and raise you up."

Finally, the Holy Chrism is a mixture of olive oil and balsam. This oil is also used at Baptism, but also for Confirmation, Ordinations and at the consecration or dedication of churches. It represents strength. The symbolism dates back to the time of the gladiators where they would grease themselves to show how strong they were. In the same way, oil symbolizes strength.

During the Chrism Mass, the blessing of the Holy Chrism is different than that of the other two. Symbolizing the Holy Spirit descending, the bishop breathes over the vessel of chrism. At this time, the con-celebrants at the Chrism Mass extend their right hands toward the chrism as the bishop says the Consecration Prayer.



*Cathedral ceiling in the apse behind the altar after the 1937 renovation.*

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- St. Pope John Paul II



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