

✠ CELEBRATION OF THE EUCHARIST ✠
THE FIFTH SUNDAY IN ORDINARY TIME

THE CATHEDRAL OF THE INCARNATION ✠ 4 FEBRUARY 2024

HE WENT INTO THEIR SYNAGOGUES, PREACHING AND DRIVING
OUT DEMONS THROUGHOUT THE WHOLE OF GALILEE. MARK 1

– THE INTRODUCTORY RITES –

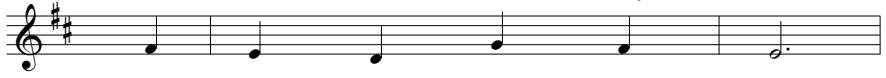
ENTRANCE CHANT

ST. PETER

Your Hands, O Lord, in Days of Old



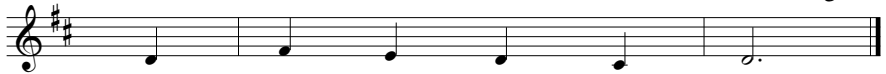
1. Your hands, O Lord, in days of old
2. And so, O Lord, be near to bless,
3. O be our might - y heal - er still,
4. On hands that work and eyes that see,



Were strong to heal and save;
Al - mighty - y now as then,
O Lord of life and death;
Your heal - ing wis - dom pour,



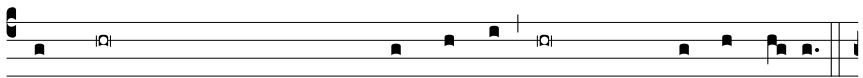
They tri - umphed o - ver pain and death,
In ev - 'ry street, in ev - 'ry home,
Re - store and strength - en, soothe and bless,
That whole and sick, and weak and strong,



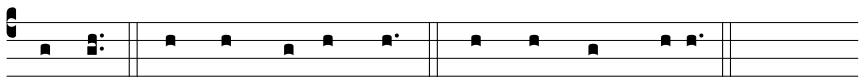
Fought dark - ness and the grave.
In ev - 'ry troub - led friend.
With your al - mighty - y breath:
May praise you ev - er - more.

Text: Matthew 14:35-36; Edward H. Plumtre, 1821-1891
Tune: ST. PETER, CM; Alexander R. Reinagle, 1799-1877

SIGN OF THE CROSS AND GREETING



✠. In the name of the Father, and of the Son, and of the Ho-ly Spir-it.



℟. A-men ✠. The Lord be with you. ℟. And with your Spir-it.

THE PENITENTIAL ACT

The Celebrant invites the faithful to make the Penitential Act.

(The responses — Lord, have mercy, etc. — may be spoken or sung.)

Invocation... ✠. Lord, have mercy. ℟. Lord, have mercy.

Invocation... ✠. Christ, have mercy. ℟. Christ, have mercy.

Invocation... ✠. Lord, have mercy. ℟. Lord, have mercy.

The absolution by the Celebrant follows: ℟. Amen.

GLORIA IN EXCELSIS

Heritage Mass

Alstott



Glo - ry to God in the high - est, and on earth peace to
peo - ple of good will. We praise you, we bless you, we a -
dore you, we glo - ri - fy you, we give you thanks for your great glo - ry,
Lord God, heav'n - ly King, O God, al - might - y Fa - ther.
Lord Je - sus Christ, On - ly Be - got - ten Son, Lord God,
Lamb of God, Son of the Fa - ther, you take a - way the
sins of the world, have mer - cy on us; you take a - way the
sins of the world, re - ceive our prayer; you are seat - ed at the
right hand of the Fa - ther, have mer - cy on us.
For you a - lone are the Ho - ly One, you a - lone are the Lord,
you a - lone are the Most High, Je - sus Christ, with the Ho - ly
Spir - it, in the glo - ry of God the Fa - ther. A - men.

Text © 2010, ICEL. All rights reserved. Used with permission. Music © 1987, 2009, OCP. All rights reserved.

COLLECT

– THE LITURGY OF THE WORD –

READING I

Job 7:1-4, 6-7

I am filled with restlessness until the dawn.

PSALM & RESPONSE

Psalm 147:1-2, 3-4, 5-6



Praise the Lord, who heals the bro - ken - heart - ed.

Owen Alstott © 1977, 1990, OCP Publications, Inc., Portland, OR. All rights reserved.
Reproduced with permission under license #U3590, LicenSingOnline.

Woe to me if I do not preach the Gospel.

GOSPEL VERSE & ACCLAMATION

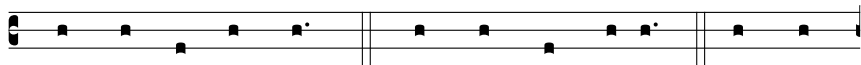
Matthew 8:17



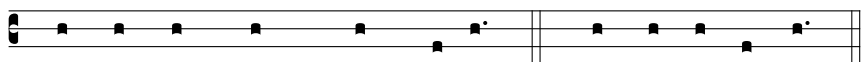
Owen Alstott © 1977, 1990, OCP Publications, Inc., Portland, OR. All rights reserved. Reproduced with permission under license #U3590, LicenSingOnline.

GOSPEL PROCLAMATION

Mark 1:29-39



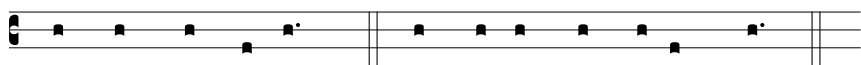
☩. The Lord be with you. ℞. And with your Spirit. ☩. A reading



from the Holy Gospel according to N. ℞. Glory to you, O Lord

Jesus cured many who were sick with various diseases.

AT THE CONCLUSION:



☩. The Gospel of the Lord. ℞. Praise to you, Lord Je-sus Christ.

HOMILY

PROFESSION OF FAITH

I believe in one God, the Father almighty,
maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God,
born of the Father before all ages.

God from God, Light from Light, true God from true God,
begotten, not made, consubstantial with the Father; through him all things were made.
For us men and for our salvation he came down from heaven,

At the words that follow up to and including 'and became man,' all bow.

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried,
and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

THE UNIVERSAL PRAYER (PRAYER OF THE FAITHFUL)

– THE LITURGY OF THE EUCHARIST –

PREPARATION OF THE GIFTS

The Servant Song

Gillard



1.,6. Will you let me be your ser - vant,
 2. We are pil - grims on a jour - ney,
 3. I will hold the Christ - light for you
 4. I will weep when you are weep - ing;
 5. When we sing to God in heav - en



1.,6. Let me be as Christ to you; Pray that I may
 2. We are trav - lers on the road; We are here to
 3. In the night - time of your fear; I will hold my
 4. When you laugh I'll laugh with you. I will share your
 5. We shall find such har - mo - ny, Born of all we've



1.,6. have the grace to Let you be my ser - vant, too.
 2. help each oth - er Walk the mile and bear — the load.
 3. hand out to you, Speak the peace you long — to hear.
 4. joy and sor - row 'Til we've seen this jour - ney through.
 5. known to - geth - er Of Christ's love and ag - o - ny.

Richard Gillard © 1977. Scripture in Song/Mamatha! Music, administered by Music Services. All rights reserved.

ANTHEM (Choir; 11:00 AM): Jesus Christ, the Apple Tree

Poston

*The tree of life my soul hath seen, Laden with fruit and always green:
 The trees of nature fruitless be Compared with Christ the apple tree.
 His beauty doth all things excel: By faith I know but ne'er can tell
 The glory which I now can see In Jesus Christ the apple tree.
 For happiness I long have sought, And pleasure dearly I have bought:
 I missed of all; but now I see 'Tis found in Christ the apple tree.
 I'm weary with my former toil, Here I will sit and rest a while:
 Under the shadow I will be, Of Jesus Christ the apple tree.
 This fruit does make my soul to thrive, It keeps my dying faith alive;
 Which makes my soul in haste to be With Jesus Christ the apple tree.*

Text: first published in London's *Spiritual Magazine*, 1761, credited to "R.H.";
Tune and setting: Elizabeth Poston, © 1967; Published by Eboracum (Banks), York, England

ORATE / SUSCIPIAT

☩ Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

☩ **May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

PRAYER OVER THE OFFERINGS

EUCCHARISTIC PRAYER

☩. The Lord be with you. ☩. **And with your spirit.**

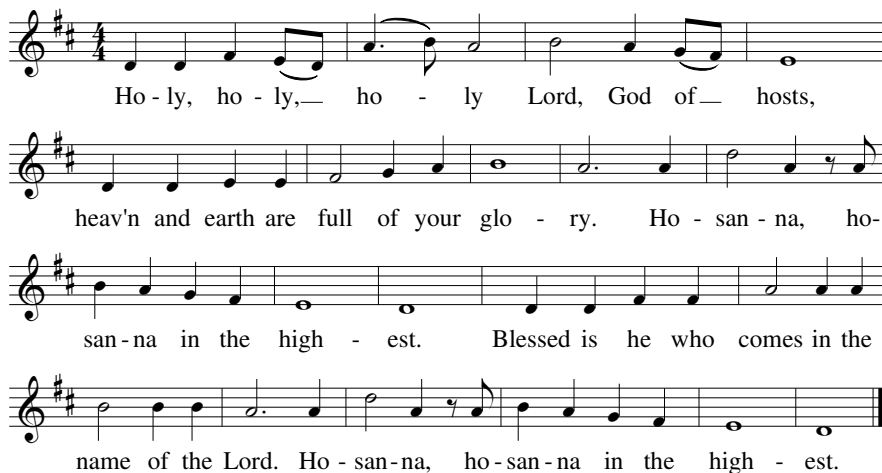
☩. Lift up your hearts. ☩. **We lift them up to the Lord.**

☩. Let us give thanks to the Lord our God. ☩. **It is right and just.**

PREFACE

SANCTUS

Heritage Mass

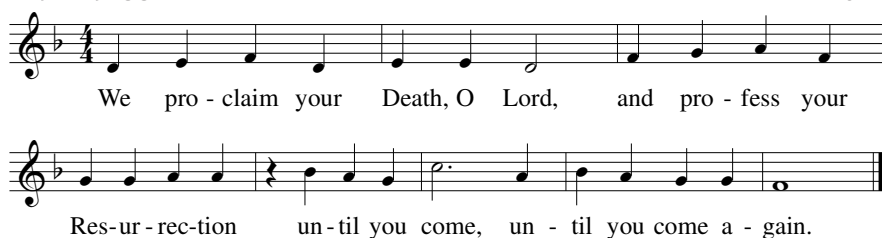


Ho - ly, ho - ly, — ho - ly Lord, God of — hosts,
 heav'n and earth are full of your glo - ry. Ho - san - na, ho -
 san - na in the high - est. Blessed is he who comes in the
 name of the Lord. Ho - san - na, ho - san - na in the high - est.

Owen Alstott © 1978, 2009, OCP Publications, Inc., Portland, OR. All rights reserved.

The mystery of faith

Heritage Mass

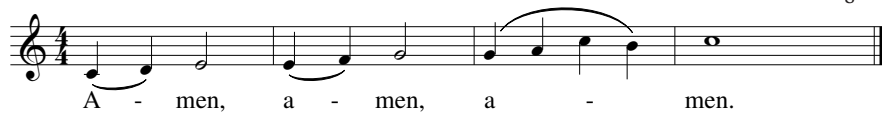


We pro - claim your Death, O Lord, and pro - fess your
 Res - ur - rec - tion un - til you come, un - til you come a - gain.

Text: © 2010, ICEL. All rights reserved. Music: Owen Alstott © 1978, 2009, OCP Publications, Inc., Portland, OR.

AMEN

Heritage Mass



A - men, a - men, a - men.

Text: © 2010, ICEL. All rights reserved. Music: Owen Alstott © 1978, 2009, OCP Publications, Inc., Portland, OR.

– THE COMMUNION RITE –

LORD'S PRAYER

RITE OF PEACE

FRACTION RITE/LAMB OF GOD

Heritage Mass



Lamb of God, you take a - way the sins of the
 world, have mer - cy on us. world, grant us peace.

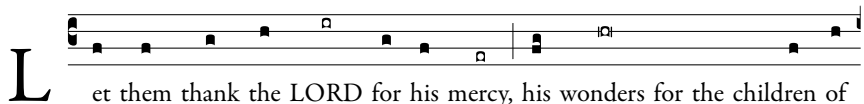
Owen Alstott © 1978, 2009, OCP Publications, Inc., Portland, OR. All rights reserved.

INVITATION TO COMMUNION

- ∞. Behold the Lamb of God, behold him who takes away the sins of the world.
 Blessed are those called to the supper of the Lamb.
- ℞. **Lord, I am not worthy that you enter under my roof,
 but only say the word, and my soul shall be healed.**

COMMUNION PROCESSION *The Roman Missal/Psalms 107 (V106), 146 (V145)*

*Confiteántur Dómino misericórdiæ eius, et mirabilia eius filiis hóminum,
quia satiávit ánimam inánem, et ánimam esuriéntem satiávit bonis. [cf. Ps 107:8-9]*



men, for he satisfies the thirsty soul, and the hungry he fills with good things.

COMMUNION ANTHEM (Choir; 11:00 AM): Strengthen for Service

Nestor

*Strengthen for service, Lord, the hands That holy things have taken;
Let ears that now have heard thy songs To clamor never waken.
Lord, may the tongues which 'Holy' sang Keep free from all deceiving;
The eyes which saw thy love be bright Thy blessèd hope perceiving.
Feet that have tread thy holy courts From light do thou not banish;
The bodies by thy Body fed With thy new life replenish.*

Text: Syriac Liturgy of Malabar (5TH century), Tr. Charles William Humphreys (1840-1921), alt. Percy Dearmer (1867-1936);
Tune and setting: Leo Nestor, © 2009, E.C. Schirmer Music Company, Boston, #7118.

– THE CONCLUDING RITES –

BLESSING & DISMISSAL



☩. Go forth the Mass is end-ed. ☩. Thanks be to God.

CLOSING HYMN

ST. THOMAS (TANTUM ERGO)

For the Healing of the Nations



1. For the heal - ing of the na - tions, Lord we pray with
2. Lead us now, Lord, in - to free - dom, From de - spair your
3. You, cre - a - tor God, have writ - ten Your great name on



one ac - cord; For a just and e - qual shar - ing
world re - lease; That re - deemed from war and ha - tred,
hu - man - kind; For our grow - ing in your like - ness



Of the things that earth af - fords. To a life of
All may come and go in peace. Show us how through
Bring the life of Christ to mind: That by our re -



love and ac - tion Help us rise and pledge our word.
care and good - ness Fear will die and hope in - crease.
sponse and serv - ice Earth its des - ti - ny may find.

Text: Fred Kaan, © 1968, Hope Publishing Co. All rights reserved.
Tune: ST. THOMAS (TANTUM ERGO), 87 87; John F. Wade, 1711-1786