

FEBRUARY 4, 2024 | THE FIFTH SUNDAY IN ORDINARY TIME

Cathedral OF THE Incarnation



5TH SUNDAY IN ORDINARY TIME

So he went into their
synagogues, preaching
and driving out demons
throughout the whole
of Galilee. - Mk 1:39

MASS SCHEDULE

WEEKDAY MASSES

Monday - Friday 7:00 AM & 12:10 PM
Monday - Thursday 5:30 PM UCat

WEEKEND MASSES

Saturday 8:00 AM (First Saturday Only)
5:00 PM Vigil Mass

Sunday 8:30 AM, 11:00 AM, 5:00 PM

CONFESSION

Saturday 3:00 PM - 4:30 PM

CONTACT US

2015 West End Avenue
Nashville, TN 37203-2304

(615) 327-2330
info@cathedralnashville.org
www.cathedralnashville.org

PARISH OFFICE HOURS

Monday - Thursday
8:00 AM - 4:00 PM
Friday 8:00 AM - 12:00 PM
Saturday - Sunday Closed

OUR CLERGY

12TH BISHOP OF NASHVILLE
Most Rev. J. Mark Spalding, J.C.L.

PASTOR & RECTOR
Father Eric Fowlkes

ASSOCIATE PASTORS
Father Any Thanickal
Father Dan Steiner

DEACONS
Joe Holzmer, Thales Finchum,
Mark Faulkner



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Ms. Norma Camarillo

UNIVERSITY CATHOLIC CHAPLAIN

Fr. Rhodes Bolster

www.universitycatholic.org

MASS INTENTIONS

Mass intentions may be obtained for loved ones, living or deceased, through the parish office. Please email info@cathedralnashville.org.

SATURDAY, 2/3

8:30AM † Thomas Seigenthaler

5:00PM † Geir Lundestad by Tom Schwartz

SUNDAY 2/4

8:30AM Vicki Lane (Special Intention) by Tom & Jackie Frazier

11:00AM Rob Beasley (Birthday) by Elizabeth Earthman

5:00PM People of the Parish

8:00PM University Catholic Students

MONDAY, 2/5

7:00AM † Jerry Thompson by Pat Thompson

12:10PM The Magana Family (Special Intention) by the Curry Family

5:30PM Sally Griggs

TUESDAY, 2/6

7:00AM Stephen Cattaneo (Special Intention) by Irene Raymond

12:10PM Special Intention for Seminarians by the Heart of Mary Group

5:30PM Fr. Ben Butler

WEDNESDAY, 2/7

7:00AM Thomas Francis O'Brien V by Kevin Raymond

12:10PM † Geraldine C. Higgins (7th Ann.) by Pete & Katherine DeLay

5:30PM Gary & Ann Mayfield

THURSDAY, 2/8

7:00AM RCIA Catechumens and Candidates as they prepare for Lent

12:10PM † Jose Medina by the Nitsche Family

5:30PM Garry & Lisa O'Connor

FRIDAY, 2/9

7:00AM To Honor God and The Holy Spirit

12:10PM † Deceased members of the Mulhall Family by Stevens Family

SATURDAY, 2/10

5:00PM † Jane Stamos Bruce (2nd Ann.) by Kirschke-Schwartz Family

*May the Souls of the Faithful Departed,
through the Mercy of God, Rest in Peace. Amen*

This Week At Cathedral

February 3 - February 10

SATURDAY

7:00pm Cursillo Group in RM 303 & 304

SUNDAY

Coffee & Donuts After Morning Masses

8:00am Rosary Before Mass

8:30am CLOW RE RM 104

4:00pm CYA Book Club RM 202

MONDAY

4:30pm UCat Confession/Adoration

6:30pm CYA Bible Study RM 305

7:00pm Boy Scouts RM 304

TUESDAY

4:30pm UCat Confession/Adoration

5:30pm Legion of Mary RM 204

6:30pm Cursillo RM 202 & 206

WEDNESDAY

4:30pm UCat Confession/Adoration

THURSDAY

4:30pm UCat Confession/Adoration

7:00pm RCIA RM 303 & 305

FRIDAY

No Scheduled Events

eGiving makes it easy to give anytime, anywhere. Online donations through OSV sustain our parish ministries and keep our offertory consistent. Plus, it's a quick and easy way to support your parish! If you make a switch today, you'll be giving steady support to the parish ministries you care about most. Thank you for helping us reach our goals! Just scan the online giving QR code or visit us at:

www.osvhub.com/cathedralnashville/giving/funds



NOVEMBER 2023 FINANCES

Cathedral Monthly Operating Revenue Results- November 2023				Prior Year	
	Month	FYTD	Budget	Month	FYTD
Offerings	\$124,379	\$624,863	\$704,167	\$139,855	\$627,431
Other Operating Revenues	\$25,557	\$130,928	\$92,083	\$16,255	\$90,947
Total Operating Revenues	\$149,935	\$755,791	\$796,250	\$156,110	\$718,378
Building Maintenance and Repair Fund	\$9,067	\$205,440	\$116,667	\$43,697	\$135,439



We host 20 men every Tuesday night. Set up begins at 5:30pm in the Fleming Center.

*****We are always
in need of innkeepers to
stay the night.*****

If you are able, please consider helping in this role. Also, we no longer have a bus in the morning, so if you can help as a morning driver, please sign up.

The sign up sheet is here:

Also, we have started the Amazon store. This will be updated throughout the season. Everything is shipped directly to the Cathedral.



<https://www.amazon.com/registries/gl/guest-view/MOQNY7ZCD0S0>

Contact Sarah McLeod at 615-308-9767 or mcleodsarah@comcast.net for more information.

Why Room In The Inn Is Important!

This is an email from one of our guests on January 9:

Dear Members:

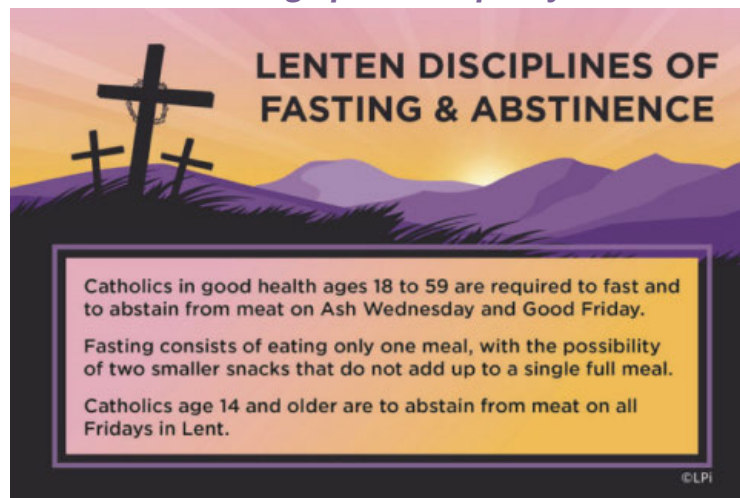
I wanted to take a moment to send my thanks to your congregation for the help that it has provided to me. On 9 January, 2024, I was a guest at your location. I am grateful for the food and shelter that you had provided for me, as well as the dignity and respect that I feel that everyone should be given.

The services that are provided by Room In The Inn and all involved in the Winter Shelter Program are greatly appreciated by many of us whom are it's recipients.

~ Respectfully (Name Removed)

Just a Reminder....

as it is coming up in a couple of weeks!



This year on February 14th (yes, Valentine's Day!), Ash Wednesday opens Lent, a season of fasting and prayer and takes place 46 days before Easter Sunday. Ash Wednesday comes from the ancient Jewish tradition of penance and fasting. The practice includes the wearing of ashes on the head. The ashes symbolize the dust from which God made us. As the priest applies the ashes to a person's forehead, he speaks the words: "Remember that you are dust, and to dust you shall return. Ashes also symbolize grief, in this case, grief that we have sinned and caused division from God. Writings from the second-century Church refer to the wearing of ashes as a sign of penance. Priests administer ashes during Mass and all are invited to accept the ashes as a visible symbol of penance. The ashes are made from blessed palm branches, taken from the previous year's Palm Sunday Mass.

It is important to remember that Ash Wednesday is a day of penitential prayer and fasting. Feasting is highly inappropriate. Small children, the elderly and sick are exempt from this observance.


It is not required that a person wear the ashes for the rest of the day, and they may be washed off after Mass. However, many people keep the ashes as a reminder until the evening. Ash Wednesday marks the beginning of the Season of Lent. It is a season of penance, reflection, and fasting which prepares us for Christ's Resurrection on Easter Sunday, through which we attain redemption.

Masses will be our normal daily Mass schedule at 7am, 12:10pm and 5:30pm.

**MONDAY,
FEBRUARY 12,
2024**

*Learn how to
make homemade
gnocchi and
fettuccine and
dine in style!*

*Cost: \$30
per person*



**Special
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Check out Cooking Classes under the Cathedral Events page!



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**WHERE: CATHEDRAL OF THE INCARNATION
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**WHEN: SUNDAY, FEBRUARY 4, 2024
2:30 P.M.**

RECEPTION FOLLOWING MASS

RSVP:
Call the Marriage & Family Life Office
615-540-1235
or nashvillefaithformation.com/mfl-events

**Gianna's
Group**
at the
**Cathedral
of the Incarnation**
AD 1914
THE CATHEDRAL OF
THE ROMAN CATHOLIC DIOCESE
OF NASHVILLE



All moms of young children are invited to join the Cathedral Gianna's Group, named after St. Gianna Molla, for fellowship and faith formation. Events will include bible studies, prayer groups, playdates, dinners, and more! If you are interested in learning more, please fill out the form linked in the QR code or contact Katie Fullan at (314) 456-8609 or katie.fullan@gmail.com.



*O Lord who made and created me,
and have kept me from my infancy,
... who took from me the love of the
world, who have kept my body from
pollution, who made me to
overcome the executioner's
torments, iron, fire and chains, who
gave me the virtue of patience in the
midst of torments, I pray Thee to
receive my spirit.*



Saint Agatha, Virgin & Martyr
(Feast: Feb 5th)

If you are a Cathedral Ministry or Group

and you haven't scheduled dates on the Calendar yet with Marcie in the Parish office, please do it soon! Your 2023 dates **WILL NOT** carry over into 2024 unless you let her know and get them scheduled!

Contact Marcie in the Parish office:
(615) 327-2330 or
info@cathedralnashville.org

MEALS FOR PRIESTS

You can sign up by using this link
<https://www.signupgenius.com/go/8050D48AFAE2F4-feasts1>
or Scan the QR Code

It's a New Year and a great time to make a resolution to sign up to make a meal for our priests and pray for our priests.

We would like to provide two meals a week for our priests, on Monday and Wednesday nights. Please sign up to make a meal to serve 2 priests on Monday night and 4 priests on Wednesday night. If you are unable to cook a meal you can provide a restaurant gift card. Your family can also sign up to pray for our beloved priests. It's a wonderful way to say thank you and keep our priests healthy throughout the year.

For more information
call Shawn Curley at
615-497-1513
or Debbie Rayhab at
615-584-0732





International COOKING CLASSES

ENJOY THE ART OF COOKING

WWW.CATHEDRALNASHVILLE.ORG

Check out Cooking Classes under the Cathedral Events page!

EVERY MONTH @ 6:15PM FROM MAY - NOVEMBER IN 2024

Learn to make your meal and eat what you create!

Cost: \$25 per class OR buy a 6 pack for \$150 and get the 7th class FREE!

Tue, May 21 - French | Tue, Jun 11 - Greek | Tue, Jul 9 - Italian | Tue, Aug 13 - Spanish | Tue, Sep 10 - Moroccan | Tue, Oct 8 - Israeli | Mon, Nov 11 - Polish



Cathedral TASTINGS

2024 SCHEDULE

- COCKTAIL MIXING & TASTING CLASS - JUNE 9
- OLIVE OIL TASTING - JULY 14
- ITALIAN WINE TASTING - AUGUST 11
- WHISKEY TASTING - SEPTEMBER 8
- BEER TASTING - OCTOBER 13

COCKTAILS

WINE

OLIVE OIL

WHISKEY

BEER



KNIGHTS of COLUMBUS present



COME WATCH THE BIG GAME

SUNDAY
FEB. 11TH
5PM - 10PM

Bring the family & join us in
THE FLEMING CENTER!

- **FREE ADMISSION**
- Potluck! Bring & share your favorite snack!
- BEER (21+)
- Football Squares (\$\$\$)
- Chili Cookoff

Cursillo A Spiritual Resurrection Mark Your Calendar!



There's a movement in the Diocese of Nashville that helps individual Catholics develop an understanding of what it means to lead a fully Christian life. It's called Cursillo, and at its simplest, it's a three-day weekend at Camp Marymount in Fairview, TN. Cursillo focuses on building a deeper relationship with God and living out the call to Christian leadership. The weekend will include talks, group discussions, and personal reflection time, all designed to help you grow in our faith and discern your role in the Church.

Really, it's an adventure for adults to rediscover being Catholic and to explore how you individually bring being Catholic to your daily life. On top of that it's a great way to make true friends by sharing the experience with Catholics from other parishes in the diocese.

The Spring weekend is coming up, so now is the best time to apply while there is space available. Here's the dates for the Fall weekend dates.

Feb 8-11 Men's English Retreat

Mar 14-17 Women's English Retreat

For more information go to www.nashvillecursillo.com and/or contact The Cathedral Parish Cursillo Coordinators: Lori Ledford (LKelso@aol.com) or Barney Zeng (barneyzeng@gmail.com)

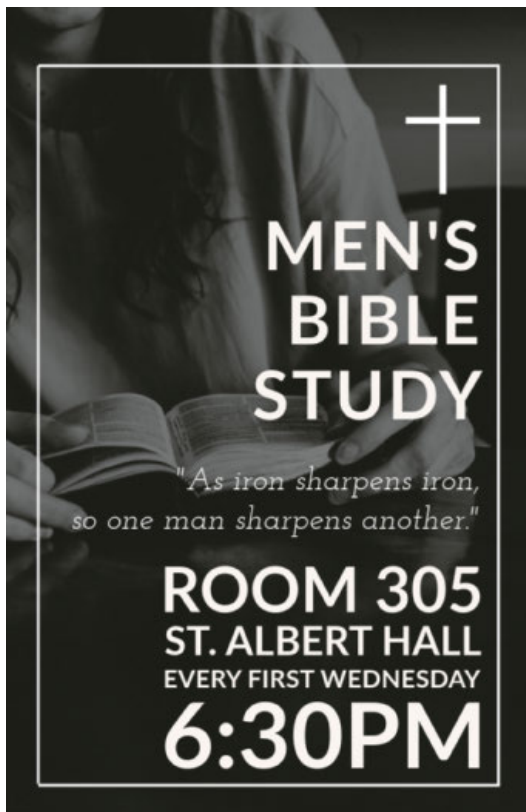


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*Scan Now to
Donate!*



Society of St. Vincent de Paul at the Cathedral

The Cathedral parish, with support from Father Eric, is evaluating whether to start an SVDP Conference that would aid our area poor and needy, as well as our parishioners that have temporary financial challenges, through our resources and collaboration with other agencies.

The Society of St. Vincent de Paul (SVDP) is the largest lay Catholic charity organization in the world located in 150+ countries, with over 700,000 members actively serving the poor in their local communities. In the US there are approximately 3,700 local Conferences with more than 65,000 active members helping the poor and needy. The purpose of Vincentian spirituality is for the average Catholic in the pew to grow in holiness by personally helping those in need. The main focus of SVDP is not about the poor, but about Catholics. It is about Catholics helping the poor, and growing in holiness by doing so.

There are currently 10 SVDP Conferences in our diocese: St. Christopher (Dickson), Our Lady of the Lake (Hendersonville), St. Henry (Nashville), St. John Vianney (Gallatin), St. Matthew (Franklin), St. Patrick (McEwen), Immaculate Conception (Clarksville), St. Edward (Nashville), Sacred Heart (Lawrenceburg), and St. Ann (Nashville). The 11th Conference at Holy Rosary (Donelson) is in process. Cathedral would be the 12th Conference.

If you are interested in learning more about SVDP and are seeking to enhance your spiritual formation, please join us on February 18, 2024 in the Fleming Center from 9:45 -10:45 AM.

We look forward to meeting with you.

Thanks!

Ron Szejner (President of Nashville District SVDP Council), Deacon Joe and Pam Holzmer, and Chris and Tricia Casa Santa

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