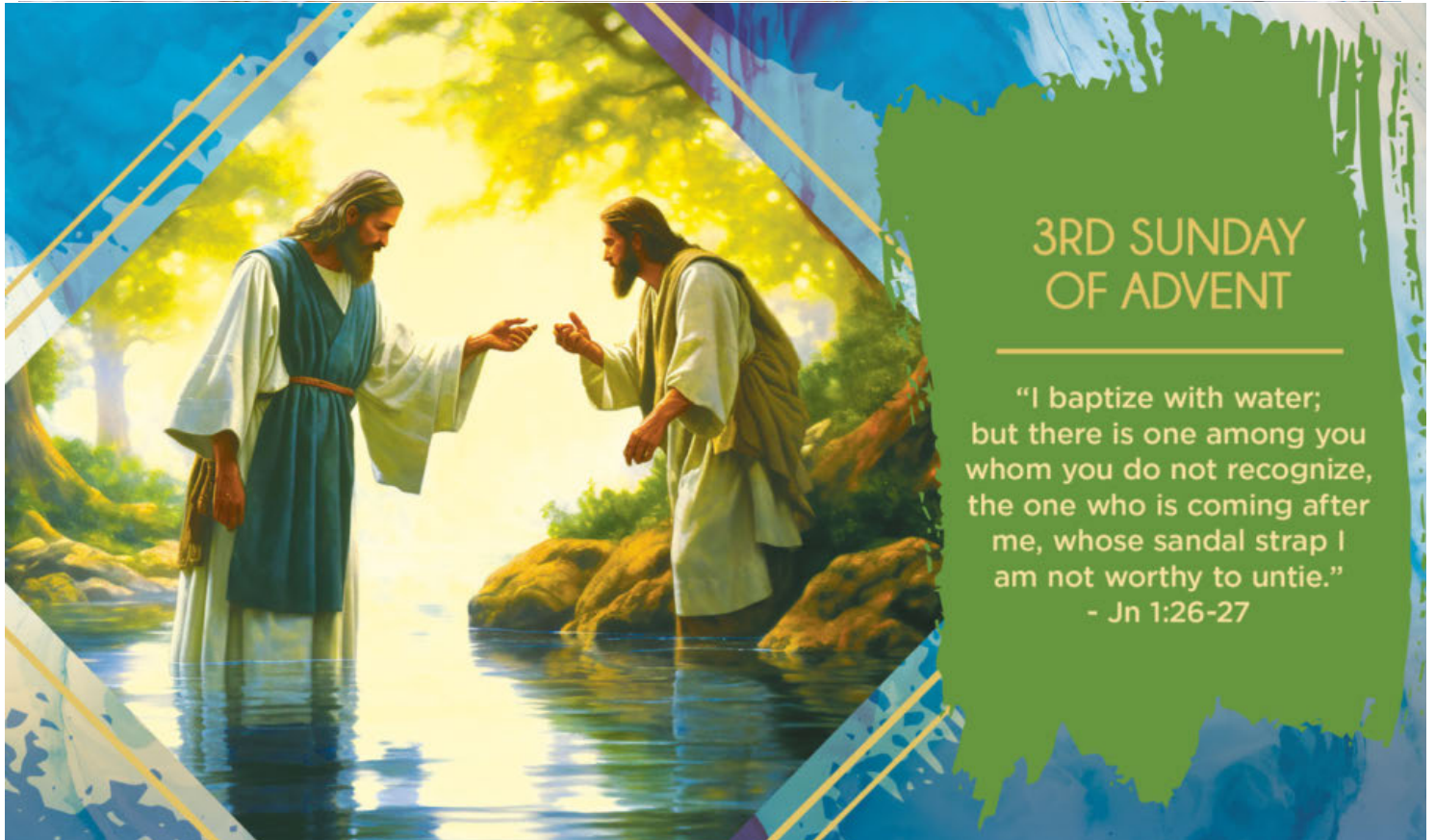


Cathedral OF THE Incarnation



3RD SUNDAY OF ADVENT

"I baptize with water;
but there is one among you
whom you do not recognize,
the one who is coming after
me, whose sandal strap I
am not worthy to untie."
- Jn 1:26-27

MASS SCHEDULE

WEEKDAY MASSES

Monday - Friday 7:00 AM & 12:10 PM
Monday - Thursday 5:30 PM UCat

WEEKEND MASSES

Saturday 8:00 AM (First Saturday Only)
5:00 PM Vigil Mass

Sunday 8:30 AM, 11:00 AM, 5:00 PM

CONFESSION

Saturday 3:00 PM - 4:30 PM

CONTACT US

2015 West End Avenue
Nashville, TN 37203-2304

(615) 327-2330
info@cathedralnashville.org
www.cathedralnashville.org

PARISH OFFICE HOURS

Monday - Thursday
8:00 AM - 4:00 PM
Friday 8:00 AM - 12:00 PM
Saturday - Sunday Closed

OUR CLERGY

12TH BISHOP OF NASHVILLE
Most Rev. J. Mark Spalding, J.C.L.

PASTOR & RECTOR
Father Eric Fowlkes

ASSOCIATE PASTORS
Father Aby Thanickal
Father Dan Steiner

DEACONS
Joe Holzmer, Thales Finchum,
Mark Faulkner



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Mrs. Madalene Houchin

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Mr. Jackson Schoos

DIRECTOR OF RCIA

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YOUTH GROUP COORDINATOR

Mr. Jorge Amaro

WEDDINGS & EVENTS COORDINATOR

Mrs. Sally Rada

FACILITIES COORDINATOR

Ms. Norma Camarillo

UNIVERSITY CATHOLIC CHAPLAIN

Fr. Rhodes Bolster

MASS INTENTIONS

Mass intentions may be obtained for loved ones, living or deceased, through the parish office. Please email info@cathedralnashville.org.

SATURDAY, 12/16

5:00PM † Jean Barlow McHugh by the Kirschke-Schwartz Family

SUNDAY 12/17

8:30AM Roy & Susan Silveira by David & Nana Ancell

11:00AM Pam Cooper by Suzanne Smith

5:00PM People of the Parish

MONDAY, 12/18

7:00AM † Deceased Members of the Felice Family by Martin & Mary Jean Stevens

12:10PM † Anna D'Avanzo by Anna Maria Falcone

TUESDAY, 12/19

7:00AM † Samuel Wade Greaves by Mary Katherine Bryant

12:10PM † Jack McKenzie by Doug Henard & Cornelia Coode

WEDNESDAY, 12/20

7:00AM † Margaret Lori by Anna Maria Falcone

12:10PM † Mario Miglietta by John Miglietta

THURSDAY, 12/21

7:00AM Missy Williams (Special Intention) by Donna Tidwell

12:10PM † Elizabeth, Patsy & Jimmy Clark by the Clark Family

FRIDAY, 12/22

7:00AM For Cathedral Priests and Deacons by The Heart of Mary Women's Group for Vocations

12:10PM † Augustus F. Di Stadio by Christine Di Stadio

SATURDAY, 12/23

5:00PM † Deceased Members of the Mulhall Family by Martin & Mary Jean Stevens

*May the Souls of the Faithful Departed,
through the Mercy of God, Rest in Peace. Amen*

This Week At Cathedral

December 16 - December 23

SATURDAY

7:00 Cursillo Group in RM 303 & 304

SUNDAY

Coffee & Donuts After Morning Masses

8:00 Rosary Before Mass

8:30 CLOW RE RM 104

4:00 CYA Book Club RM 202

6:00 CYG Meeting

MONDAY

6:30 CYA Bible Study RM 305

7:00 Boy Scouts RM 304

TUESDAY

7:00 Veterans Breakfast in Fleming Center

5:30 Legion of Mary RM 204

6:00 RIT in the Fleming Center

6:30 Cursillo RM 202 & 206

WEDNESDAY

7:00 K of C Meeting RM 305

THURSDAY

No Scheduled Events

FRIDAY

No Scheduled Events

eGiving makes it easy to give anytime, anywhere. Online donations through OSV sustain our parish ministries and keep our offertory consistent. Plus, it's a quick and easy way to support your parish! If you make a switch today, you'll be giving steady support to the parish ministries you care about most. Thank you for helping us reach our goals! Just scan the online giving QR code or visit us at:

www.osvhub.com/cathedralnashville/giving/funds



Join us for our first

French Wine & Dine

A Benefit for the Cathedral RCIA

Saturday, 13th January, 2024 at 6.30pm



— \$75 per person includes a 5 course dinner with matching wines —

Wine Tasting Experience led by a Level 3 Certified Sommelier
Food prepared by Kevin F. Raymond
Location: The Fleming Center at The Cathedral of the Incarnation
Info: cathedralnashville.org/event-calendar/community-events/tastings

HOLIDAY MASS SCHEDULE

The Fourth Sunday of Advent falls on Christmas Eve this year, our Sunday Obligation tells us we must attend a Liturgy for that date (12/24) and a separate Liturgy to fulfill our Holy Day of Obligation for Christmas (12/25).

Masses for December 24th, the Fourth Sunday of Advent, will be:

Saturday, 12/23 at 5pm
Sunday, 12/24 at 8:30am and 11am

Our Masses for Christmas will be:

Sunday, 12/24 at 4pm Children's Mass in the Cathedral
Sunday, 12/24 at 4pm "Quiet" Mass in the Fleming Center
Sunday, 12/24 at 7pm Vigil Mass
Sunday, 12/24 at 10pm Solemn Mass
Monday, 12/25 at 10am

Cathedral Veterans Prayer Group

Meeting is Tuesday, December 21st at 7AM
In the Fleming Center.



Christmas Poinsettias



It's time to think about decorating the altar for the Christmas season! Your donations will help us decorate. To donate, you may do so online or in person. Flowers may be donated *In Memory of* (a loved one we no longer see) or *In Thanksgiving for* (someone or special occasion, healing, good health, our parish family). Please include this information when you pay online or in a note submitted with your payment. We suggest you use the Christmas flowers envelope included in the monthly envelope packet.

Altar Servers Needed

All rising 3rd graders who would like to be altar servers, please contact Deacon Joe and Pam Holzmer at holzmer5@att.net to schedule training.

CHRISTMAS AND YEAR-END GIVING

What a year 2023 has been! At Cathedral, we have witnessed Mass attendance increasing, new ministries forming, and generosity overflowing! We are grateful for all of this and excited to see continued growth in the New Year.

Our beautiful Cathedral and campus have seen several improvements this past year – most notably the addition of the new organ; the roof replacement on the Fleming Center lobby, parish offices and connector corridors; landscaping updates and so much more. We are grateful for the generous support given to each of these and so many more needs!

Room in the Inn, Habitat for Humanity, Bishop's Appeal, Haiti Mission, and so many more have received your generosity. Real lives are impacted by your support. For this we are grateful!

And yet, so much remains to be achieved. Please consider making a Christmas or year-end gift to support the many needs and ministries of the Cathedral. As you can see, the needs are many and each of us must unite to do our part to achieve and meet those needs.

Use the QR code at the bottom of page 2 to give a one-time gift or to give monthly. You can also use the envelopes found in the pews or mail a donation to the parish office.

Whatever gift you give, please know that we are grateful for each one. Together, with your generosity, we can continue to serve the needs of our Cathedral Community. Thank you and may God bless you!



- | | |
|------------------------|--------------------------|
| 1. Canned Pineapple | 13. Bag of Beans |
| 2. Canned Peaches | 14. Jar of Salsa |
| 3. Canned Pears | 15. Bag of Chips |
| 4. Canned Green Beans | 16. Boxed Cake Mix |
| 5. Canned Corn | 17. Boxed Muffin Mix |
| 6. Canned Black Beans | 18. Tub of Coconut Oil |
| 7. Can of Chili | 19. Jug of 100% Juice |
| 8. Can of Chicken Soup | 20. Package of Pasta |
| 9. Can of Tomato Soup | 21. Jar of Pasta Sauce |
| 10. Box of Cereal | 22. Jar of Peanut Butter |
| 11. Box of Granola | 23. Canister of Oatmeal |
| 12. Bag of Rice | 24. Box of Crackers |

Cathedral of the Incarnation will be giving to the Ladies of Charity this Advent Season. The Ladies of Charity give generously to those in need. They have given over 200 boxes of assorted foods to families every month. Please add some canned goods to our collection this Advent Season.

The Knights 12th Annual See's Holiday Candies Sale

This Sunday is the last day for the Knights 12th Annual See's Holiday Candies Sale. The Knights will have a table set up in the Fleming Center between the Sunday morning masses. They will have a selection of milk, dark, or mixed chocolates, and toffee-ettes for walk-up purchase. If you pre-ordered candy, you can pick it up at this time. Contact Chris Crane (Christopher.e.crane@gmail.com) with any questions.



Cathedral Heart of Mary Women's Group for Vocations

We are looking to have all of our 28 seminarians adopted. Many seminarians are far from home and several are from other countries. It would involve sending cards for the different holidays, birthdays as well as remembering them in prayer and just staying in touch to let them know you are praying for them. This is a wonderful project to start in Advent. Please contact Pam Holzmer at holzmer5@att.net and she will issue you a Seminarian's name.



The Cathedral Room in the Inn Program has begun! We host 20 men every Tuesday night, EXCEPT December 26. Set up will begin at 5:30pm in the Fleming Center.

*****We are always in need of innkeepers to stay the night.*****

If you are able, please consider helping in this role. Also, we no longer have a bus in the morning, so if you can help as a morning driver, please sign up.

The sign up sheet is here:

Also, we have started the Amazon store. This will be updated throughout the season. Everything is shipped directly to the Cathedral.



<https://www.amazon.com/registries/gl/guest-view/MOQNY7ZCD0S0>

Contact Sarah McLeod at 615-308-9767 or mcleodsarah@comcast.net for more information.

And this is why Room In The Inn is important...

We wanted to include this beautiful, unedited letter from one of our Room In The Inn Guests as a testimony to this amazing ministry!

Dear Cathedral of the Incarnation,
Thank-you for opening your doors to me. From pick-up to lights out, I felt like I was spending time with family. Thank-you to everyone who made this possible and thanks to those that spent time with me and served me. Loved. That is how I feel after breaking bread with y'all. It's amazing how the love of Christ can be so universal, from homeless to well established. Thanks for pouring out that love tonight. I pray that God bless y'all in the same might way you have blessed me, for when I

needed it most God provided me Christians. God provided me you. I wish I didn't need the help, but you gave it without condemnation or condescension. Thanks for your grace, especially in this holiday season. God bless each person who calls the Cathedral of the Incarnation home. Which includes me tonight, I suppose.

Very Respectfully,

Room in the Inn Guest - Night of December 5th, 2023

*Dear Cathedral of the Incarnation,
Thank you for opening your doors to me.
From pick-up to lights out, I felt like I was
spending time with family. Thank you to everyone
who made this possible and thanks to those that
spent time with me and served me. Loved. That
is how I feel after breaking bread with y'all.
It's amazing how the love of Christ can be
so universal, from homeless to well established.
Thanks for pouring out that love tonight. I
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but you gave it without condemnation or
condescension. Thanks for your grace, especially
in this holiday season. God bless each person
who calls the Cathedral of the Incarnation home.
Which includes me tonight. I suppose.
Very Respectfully*

Join us for our
Christmas at the Rectory

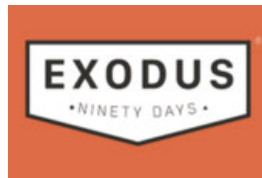
December 16th and 17th

after the 5pm, 8:30 and 11 am Masses.
The Rectory will be decorated for Christmas.
There will be hearty appetizers!
Meet the priests, deacons and fellow
parishioners and enjoy the
holiday decorations.

**Looking for a way to grow in holiness
this New Year?**

*"The world offers you comfort, but
you were not made for comfort.
You were made for greatness!"*

– Pope Benedict XVI



We weren't created to be comfortable and cozy and in control in this life – we were created to be on fire for Jesus Christ and to live a life of self-giving for God and neighbor.

Knowing this to be true, here's an invitation to all the men of The Cathedral to consider the Exodus 90 program this coming 2024 new year. The program will begin on January 1, 2024, and ends on March 31, Easter Sunday. It's a good way to meet other men in the Parish and create community.

Exodus 90 has been around for a few years after it was developed at Mount Saint Mary Seminary in Emmitsburg as a way to help seminarians to find the kind of freedom they needed to be able to pursue vocation to the priesthood, now it is offered to all Catholic men.

Essentially it is 90 days of prayer, fasting, and fraternity – and it's pretty heavy on the fasting or penance part. A Zoom interest meeting will be held on Tuesday, December 19th at 7:00 PM. If you would like to register for either of those information sessions, email BarneyZeng@gmail.com.

Also, here's a link with more information:

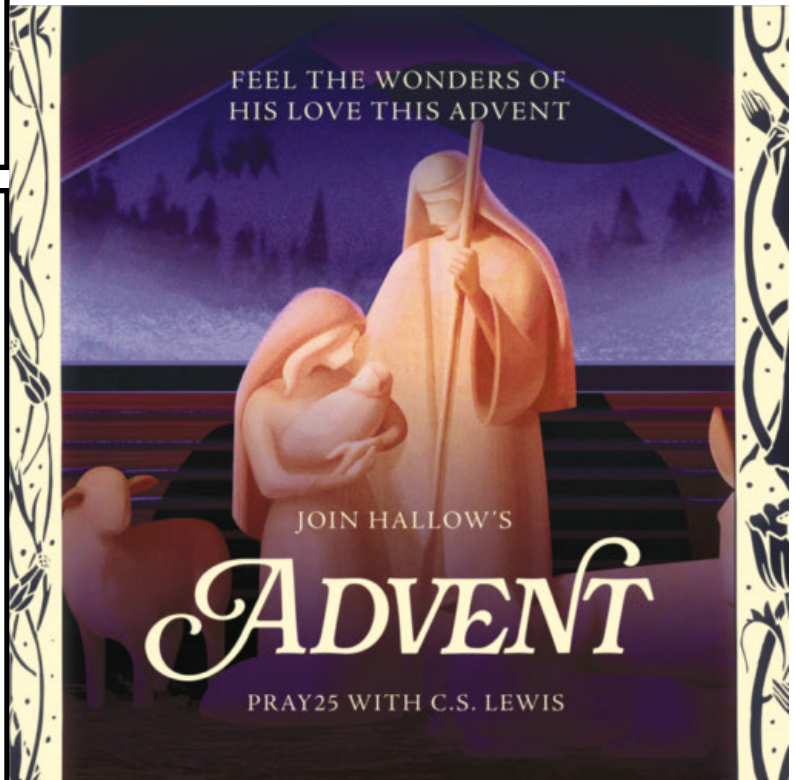
www.Exodus90.com

Third Sunday of Advent

"REJOICE IN
THE LORD!"

Text and Email Scammers

This is just a reminder that no member of the clergy or parish staff will contact you by text or email to ask you to send donations, gift cards, etc. If you get one of these, kindly ignore it as they are scammers trying to steal money or information.



**Find Peace in Prayer
this Advent with Hallow**

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Start your day with the Daily Gospel, Rosary, Examen, or one of over 10,000 sessions, including daily meditations, homilies, reflections, and Bible studies.

Family Content

Pray as a family with weekly Mass Prep, or guide your little ones with introductory prayer sessions for ages 3 and up as well as sacrament prep.

Bible Stories & Sleep Content

Close your day with Christ with an Examen, Night Prayer, or a Rosary with guests like Bishop Barron, Mark Wahlberg, and Jonathan Roumie.



Download on
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Get it on
Google Play



All moms of young children are invited to join the Cathedral Gianna's Group, named after St. Gianna Molla, for fellowship and faith formation. Events will include bible studies, prayer groups, playdates, dinners, and more! If you are interested in learning more, please fill out the form linked in the QR code or contact Katie Fullan (314) 456-8609 or katie.fullan@gmail.com.



CLARENE'S POT ROAST

A first place winner at the Alaska Brewing Co. Cookoff
3-4 lb boneless beef pot roast sprinkled very liberally with salt, Pepper and garlic powder
Flour
1 envelope Lipton dry onion soup mix
3/4 can whole berry cranberry sauce
1 can or bottle beer, any kind
1/2 cup catsup
Large whole carrots, edges trimmed
6 whole russet potatoes skin on



Bring seasoned pot roast to room temp. Dust pot roast well with flour and brown well on both sides in vegetable oil in a large roasting pot. Drain. Mix next 4 ingredients together well and pour over meat. Lay carrots on top; place potatoes around perimeter of pot. Cover with foil and tight fitting lid. Bake in a preheated 325 degree oven for about 3 1/2 hours. Turn off oven and let rest covered in the oven for about an hour. Remove roast, potatoes and carrots; sometimes I cut the potatoes in half. If you then want a thicker sauce, boil over high until desired thickness. Serves 6-8.

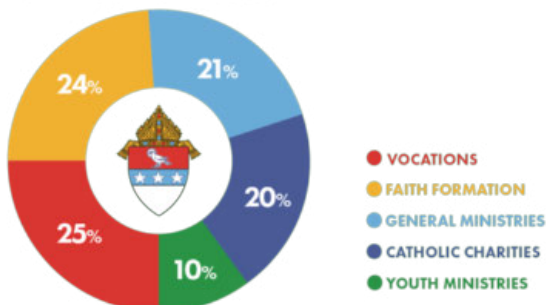


BLESSINGS ARE MAGNIFIED WHEN WE GATHER TOGETHER

Thank you for your support of the *Bishop's Annual Appeal for Ministries* which helps to meet the daily needs of your brothers and sisters in Christ. Together, we're providing faith formation for youth and adults; supporting workforce development and financial counseling to prevent homelessness; promoting vocations to priestly and religious life; and forming our seminarians. Your commitment to Catholic ministries is inspiring and truly helps provide the light of Christ for those in need in Middle Tennessee. Scan the QR code to make a gift!



HOW YOUR GIFT IS USED



2022 MINISTRY HIGHLIGHTS

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- Romans 12:2

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"The Eucharist connects us to Christ,
to life and to salvation."
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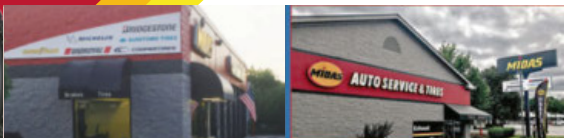


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