

DECEMBER 10, 2023 | THE SECOND SUNDAY OF ADVENT

Cathedral OF THE Incarnation



2ND SUNDAY OF ADVENT

"One mightier than I
is coming after me."
- Mk 1:7a

MASS SCHEDULE

WEEKDAY MASSES

Monday - Friday 7:00 AM & 12:10 PM
Monday - Thursday 5:30 PM UCat

WEEKEND MASSES

Saturday 8:00 AM (First Saturday Only)
5:00 PM Vigil Mass

Sunday 8:30 AM, 11:00 AM, 5:00 PM

CONFESSION

Saturday 3:00 PM - 4:30 PM

CONTACT US

2015 West End Avenue
Nashville, TN 37203-2304

(615) 327-2330
info@cathedralnashville.org
www.cathedralnashville.org

PARISH OFFICE HOURS

Monday - Thursday
8:00 AM - 4:00 PM
Friday 8:00 AM - 12:00 PM
Saturday - Sunday Closed

OUR CLERGY

12TH BISHOP OF NASHVILLE

Most Rev. J. Mark Spalding, J.C.L.

PASTOR & RECTOR

Father Eric Fowlkes

ASSOCIATE PASTORS

Father Any Thanickal
Father Dan Steiner

DEACONS

Joe Holzmer, Thales Finchum,
Mark Faulkner



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Mr. Ray Elder

PARISH BOOKKEEPER

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YOUTH GROUP COORDINATOR

Mr. Jorge Amaro

WEDDINGS & EVENTS COORDINATOR

Mrs. Sally Rada

FACILITIES COORDINATOR

Ms. Norma Camarillo

UNIVERSITY CATHOLIC CHAPLAIN

Fr. Rhodes Bolster

www.universitycatholic.org

MASS INTENTIONS

Mass intentions may be obtained for loved ones, living or deceased, through the parish office. Please email info@cathedralnashville.org.

SATURDAY, 12/9

5:00PM † Frederick Sarkis by the Kirschke-Schwartz Family

SUNDAY 12/10

8:30AM † Scott Veum by the Moran Family

11:00AM † Sonia Sebert by Emma Fulton

5:00PM People of the Parish

8:00PM University Catholic Students

MONDAY, 12/11

7:00AM † William Mahoney by Jane Manning

12:10PM † Thomas A. Higgins, Jr. (1st Ann.) by Pete & Katherine Delay

5:30PM Souls in Purgatory

TUESDAY, 12/12

7:00AM † Deceased Members of the Stevens Family by Martin & Mary Jean Stevens

12:10PM † Mary L. Richardson by Joann Crawford

5:30PM Marcy Gober

WEDNESDAY, 12/13

7:00AM † Stephen Wayne Sloan by Anna Maria Falcone

12:10PM In Honor of St. Joseph on the Saint Mary Campus

5:30PM Fr. Ben Butler

THURSDAY, 12/14

7:00AM † Philip & Fe Elizes Stack by Venette Stack

12:10PM † Antonio Co by Sally Rada

5:30PM † Marty Bauer

FRIDAY, 12/15

7:00AM Linda Berens (Special Intention) by Donna Tidwell

12:10PM † Muff Cline (3rd Ann.) by Ken Cline

SATURDAY, 12/16

5:00PM † Jean Barlow McHugh by the Kirschke-Schwartz Family

*May the Souls of the Faithful Departed,
through the Mercy of God,
Rest in Peace. Amen*

This Week At Cathedral

December 9 - December 16

SATURDAY

7:00 Cursillo Group in RM 303 & 304

SUNDAY

Coffee & Donuts After Morning Masses

8:00 Rosary Before Mass

8:30 CLOW RE RM 104

4:00 CYA Book Club RM 202

6:00 CYG Meeting

MONDAY

4:30 UCat Confession/Adoration

6:30 CYA Bible Study RM 305

7:00 Boy Scouts RM 304

TUESDAY

4:30 UCat Confession/Adoration

5:30 Legion of Mary RM 204

6:00 RIT in the Fleming Center

6:30 Cursillo RM 202 & 206

WEDNESDAY

4:30 UCat Confession/Adoration

7:00 K of C Meeting RM 305

THURSDAY

4:30 UCat Confession/Adoration

7:00 RCIA RM 303 & 305

FRIDAY

No Scheduled Events

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www.osvhub.com/cathedralnashville/giving/funds



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DECEMBER 10th
after the 8:30AM
Mass - sponsored
by the Knights of
Columbus



Information Concerning Advent 2023

The Fourth Sunday of Advent falls on Christmas Eve this year, our Sunday Obligation tells us we must attend a Liturgy for that date (12/24) and a separate Liturgy to fulfill our Holy Day of Obligation for Christmas (12/25).

Masses for December 24th, the Fourth Sunday of Advent, will be:

Saturday, 12/23 at 5pm
Sunday, 12/24 at 8:30am and 11am

Our Masses for Christmas will be:

Sunday, 12/24 at 4pm Children's Mass in the Cathedral
Sunday, 12/24 at 4pm "Quiet" Mass in the Fleming Center
Sunday, 12/24 at 7pm Vigil Mass
Sunday, 12/24 at 10pm Solemn Mass
Monday, 12/25 at 10am

Christmas Poinsettias



It's time to think about decorating the altar for the Christmas season! Your donations will help us decorate. To donate, you may do so online or in person. Flowers may be donated *In Memory of* (a loved one we no longer see) or *In Thanksgiving for* (someone or special occasion, healing, good health, our parish family). Please include this information when you pay online or in a note submitted with your payment. We suggest you use of the Christmas flowers envelope included in the monthly envelope packet.

Find Peace in Prayer this Advent with Hallow

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Daily Prayers

Start your day with the Daily Gospel, Rosary, Examen, or one of over 10,000 sessions, including daily meditations, homilies, reflections, and Bible studies.

Family Content

Pray as a family with weekly Mass Prep, or guide your little ones with introductory prayer sessions for ages 3 and up as well as sacrament prep.

Bible Stories & Sleep Content

Close your day with Christ with an Examen, Night Prayer, or a Rosary with guests like Bishop Barron, Mark Wahlberg, and Jonathan Roumie.



Altar Servers Needed

All rising 3rd graders who would like to be altar servers, please contact Deacon Joe and Pam Holzmer at holzmer5@att.net to schedule training.

Gianna's
Group
at the
Cathedral
of the Incarnation
AD 1914
THE CATHEDRAL OF
THE ROMAN CATHOLIC DIOCESE
OF NASHVILLE



All moms of young children are invited to join the Cathedral Gianna's Group, named after St. Gianna Molla, for fellowship and faith formation. Events will include bible studies, prayer groups, playdates, dinners, and more! If you are interested in learning more, please fill out the form linked in the QR code or contact Katie Fullan (314) 456-8609 or katie.fullan@gmail.com.





The Cathedral Room in the Inn Program has already begun! We will host 20 men every Tuesday night, EXCEPT December 26. Set up will begin at 5:30pm in the Fleming Center.

*****We are always in need of innkeepers to stay the night.*****

If you are able, please consider helping in this role. Also, we will no longer have a bus in the morning, so if you can help as a morning driver, please sign up.

The sign up sheet is here:

Also, we have started the Amazon store. This will be updated throughout the season. Everything is shipped directly to the Cathedral.



<https://www.amazon.com/registries/gl/guest-view/MOQNY7ZCD0S0>

Contact Sarah McLeod at 615-308-9767 or mcleodsarah@comcast.net for more information.

The Knights 12th Annual See's Holiday Candies Sale

The Knights 12th Annual See's Holiday Candies Sale takes place this Sunday, December 10th and next Sunday, December 17th. These

**See's
CANDIES®**

candies come pre-wrapped, ready for gift-giving or snacking over the holidays. Originally organized by Terry Hill in 2012, this fundraiser helps support the Knights' many community and service programs. Please help honor Terry's legacy by supporting this Knights' tradition.

The Knights will have a table set up in the Fleming Center between the Sunday morning masses. They will have a selection of milk, dark, or mixed chocolates, and toffee-ettes for walk-up purchase. If you pre-ordered candy, you can pick it up at this time. Contact Chris Crane (Christopher.e.crane@gmail.com) with any questions.

October and November Baptisms and Weddings

October Baptisms

Jason Gabriel and Adrian Marcel Saengsavang,
children of Steven and Wendy Saengsavang
Annabelle Grace Gazia, *child of Devin & Brittany Gazia*
Iris Ann Dobrolsky *child of Brian and Tina Dobrolsky*
America Guadalupe, Angel and Anthony Tadeo Espinoza Ortiz,
children of Antonio de Jesus And Yolanda Espinoza Ortiz

November Baptisms

Serena Kimberly Rose and Sebastian Lee Clemons,
children of Keith and Emila Clemons
Francis Scott Henry Armstrong-Deocampo,
child of Statee and Sarah Armstrong-Deocampo

October Weddings

Ellen Lovell and Matthew Poole
Taylor Shannon and Matthew Harris
Katheryn Baker and Joseph Ahillen
Kathryn Carroll and Michael McDonald
Allison Perkins and Matas Cidres
Elizabeth Goldhammer and Zachary Colby

November Weddings

Tiana Lexa and John Keller
Kristen Manda and Guido Marsile
Emily Bergman and Matthew Adams
Emily Nelson and Jacob Smith



- | | |
|------------------------|--------------------------|
| 1. Canned Pineapple | 13. Bag of Beans |
| 2. Canned Peaches | 14. Jar of Salsa |
| 3. Canned Pears | 15. Bag of Chips |
| 4. Canned Green Beans | 16. Boxed Cake Mix |
| 5. Canned Corn | 17. Boxed Muffin Mix |
| 6. Canned Black Beans | 18. Tub of Coconut Oil |
| 7. Can of Chili | 19. Jug of 100% Juice |
| 8. Can of Chicken Soup | 20. Package of Pasta |
| 9. Can of Tomato Soup | 21. Jar of Pasta Sauce |
| 10. Box of Cereal | 22. Jar of Peanut Butter |
| 11. Box of Granola | 23. Canister of Oatmeal |
| 12. Bag of Rice | 24. Box of Crackers |

Cathedral of the Incarnation will be giving to the Ladies of Charity this Advent Season. The Ladies of Charity give generously to those in need. They have given over 200 boxes of assorted foods to families every month. Please add some canned goods to our collection this Advent Season.

Cathedral Heart of Mary Women's Group for Vocations

We are looking to have all of our 28 seminarians adopted. Many seminarians are far from home and several are from other countries. It would involve sending cards for the different holidays, birthdays as well as remembering them in prayer and just staying in touch to let them know you are praying for them. This is a wonderful project to start in Advent. Please contact Pam Holzmer at holzmer5@att.net and she will issue you a Seminarian's name.

The Elijah Cup Program Is Coming!

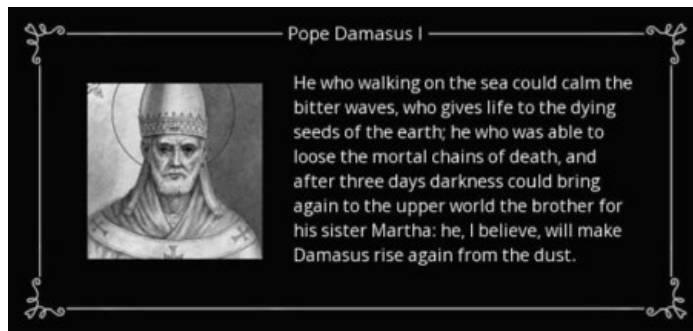
What is the Elijah Cup?

The Elijah Cup ministry has as its main focus to pray for an increase in priestly, diaconal, and religious vocations. Each week, a family, couple, or individual that has signed up will receive the Elijah Cup Chalice at Mass. For that week the chalice remains with them as a focal point of prayer in their homes, dedicated specifically for an increase in vocations. At the end of the week the chalice is returned and is then handed over to the next person, couple, or family that signed up.



Why is it called the Elijah Cup?

The scriptural basis of the program is from the Old Testament reading of Elijah and the widow (Kings 1: 8-15) where God promises the widow that by providing food for Elijah of what little she had "the jar of flour shall not go empty, nor the jug of oil run dry". At this command, the widow and her son were able to eat for a year without running out of food. Likewise through this program, by offering what we have we pray that God will provide and we will see an overflow of vocations in the parish, the deanery and the Diocese at large.



Join us for our

Christmas at the Rectory

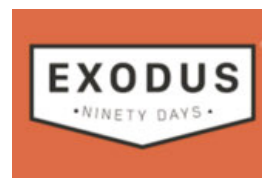
December 16th and 17th

after the 5pm, 8:30 and 11 am Masses.
The Rectory will be decorated for Christmas.
There will be hearty appetizers!
Meet the priests, deacons and fellow parishioners while enjoy the holiday decorations.

Looking for a way to grow in holiness this New Year?

"The world offers you comfort, but you were not made for comfort. You were made for greatness!"

– Pope Benedict XVI



We weren't created to be comfortable and cozy and in control in this life – we were created to be on fire for Jesus Christ and to live a life of self-giving for God and neighbor.

Knowing this to be true, here's an invitation to all the men of The Cathedral to consider the Exodus 90 program this coming 2023 new year. The program will begin on January 1, 2024, and ends on March 31, Easter Sunday. It's a good way to meet other men in the Parish and create community.

Exodus 90 has been around for a few years after it was developed at Mount Saint Mary Seminary in Emmitsburg as a way to help seminarians to find the kind of freedom they needed to be able to pursue vocation to the priesthood, now it is offered to all Catholic men.

Essentially it is 90 days of prayer, fasting, and fraternity – and it's pretty heavy on the fasting or penance part. Zoom interest meetings will be held on Monday, December 11th at 7:00 PM and Tuesday, December 19th at 7:00 PM. If you would like to register for either of those information sessions, email BarneyZeng@gmail.com.

Also, here's a link with more information: www.Exodus90.com

Text and Email Scammers

This is just a reminder that no member of the clergy or parish staff will contact you by text or email to ask you to send donations, gift cards, etc. If you get one of these, kindly ignore it as they are scammers trying to steal money or information.



Now You See Them, Now You Don't Mixed Nuts

INGREDIENTS

2 cups pecans	1/2 tsp cinnamon
1 cup almonds	1/4 tsp ginger
1 cup cashews	1/4 tsp nutmeg
1/4 cup butter	1 tsp salt
1/4 cup dark corn syrup	1 tsp pure vanilla extract
6 good shakes Louisiana hot sauce	

DIRECTIONS

Melt butter on a low heat and mix all ingredients other than the nuts and cook for a few minutes to make sure everything is well combined. Add the nuts into the glaze and mix well!



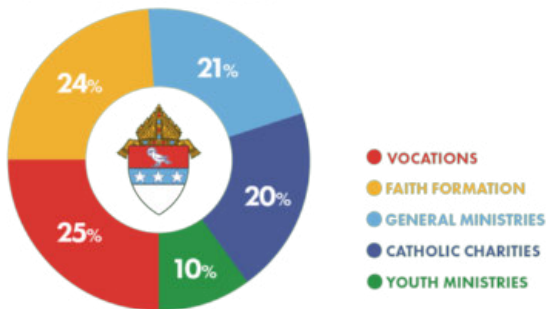


BLESSINGS ARE MAGNIFIED WHEN WE GATHER TOGETHER

Thank you for your support of the *Bishop's Annual Appeal for Ministries* which helps to meet the daily needs of your brothers and sisters in Christ. Together, we're providing faith formation for youth and adults; supporting workforce development and financial counseling to prevent homelessness; promoting vocations to priestly and religious life; and forming our seminarians. Your commitment to Catholic ministries is inspiring and truly helps provide the light of Christ for those in need in Middle Tennessee. Scan the QR code to make a gift!



HOW YOUR GIFT IS USED



Olive Wood Hand Carvings

On the weekend of December 9th -10th Mary & Khader Abu Sada, a Catholic couple from the Holy Land, will be visiting our parish to market olive wood hand carved religious articles made by the Christian artisans in the Holy Land.

With the hostilities worsening in the Holy Land and due to the lack of Christian pilgrims, the outlets for the olive wood hand carvings have been closed, leading unemployment to increase up to 75% and forcing many Christians to leave the Holy Land in order to find other ways to market their handiwork. But the absence of a living Christian community is very disastrous for the Holy sites such as the Church of Nativity and the Church of the Holy Sepulcher.

This sale is to strengthen the Christian presence in the city of Bethlehem, the birthplace of Jesus, as well as the surrounding areas. All proceeds will go directly to the Christian families and the artisans who are working with this type of hand carvings.

They are going to display all kinds of olive wood religious art works such as: Nativity scenes, Crucifixes, figures, rosaries, etc. which are unique and not usually found in religious stores. These crafts make wonderful presents for all occasions especially for Christmas. Checks and credit cards are welcome.

*This is a great event....
We hope that
you will attend!*



Join Fr. Eric for a Special Mass

Friday, December 15th, 5:30 p.m.

To remember those

who won't be with us this Christmas

A table for displaying photos will be available

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