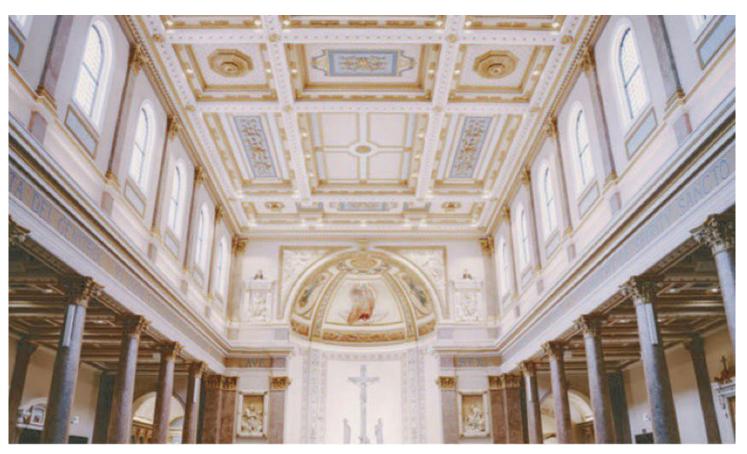
Cathedral OF THE Phicarnation



MASS SCHEDULE

WEEKDAY MASSES

Monday - Friday 7:00 AM & 12:10 PM Monday - Thursday 5:30 PM UCat

WEEKEND MASSES

Saturday 8:00 AM (First Saturday Only) 5:00 PM Vigil Mass

Sunday 8:30 AM, 11:00 AM, 5:00 PM

CONFESSION

Saturday 3:00 PM - 4:30 PM

CONTACT US

2015 West End Avenue Nashville, TN 37203-2304

615-327-2330 info@cathedralnashville.org www.cathedralnashville.org

PARISH OFFICE HOURS

Monday – Thursday 8:00 AM - 4:00 PM Friday 8:00 AM - 12:00 PM Saturday - Sunday Closed

OUR CLERGY

12TH BISHOP OF NASHVILLE Most Rev. J. Mark Spalding, J.C.L.

PASTOR & RECTOR Father Eric Fowlkes

ASSOCIATE PASTORS

Father Aby Thanickal Father Dan Steiner

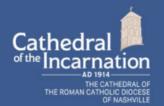
DEACONS

Ioe Holzmer, Thales Finchum, Mark Faulkner





WELCOME!



We're glad you are here!

If you would like to join the parish or if you are not Catholic and would like to learn about the Faith or ask questions, please call the Parish Office at 615-327-2330. Or visit our website at www.cathedralnashville.org

PARISH STAFF

BUSINESS ADMINISTRATOR

Mr. Ray Elder

PARISH BOOKKEEPER

Mrs. Madalene Houchin

PARISH OFFICE COORDINATOR

Ms. Marcie Curtis

DIRECTOR OF MUSIC MINISTRY

Mr. Jackson Schoos

DIRECTOR OF RCIA

Mr. Kevin F. Raymond

YOUTH GROUP COORDINATOR

Mr. Jorge Amaro

WEDDINGS & EVENTS COORDINATOR

Mrs. Sally Rada

FACILITIES COORDINATOR

Ms. Norma Camarillo

UNIVERSITY CATHOLIC CHAPLAIN

Fr. Rhodes Bolster

This Week At Cathedral November 11 - November 18

SATURDAY

7:00 Cursillo Group in RM 303 & 304

SUNDAY

Coffee & Donuts After Morning Masses

8:00 Rosary Before Mass

8:30 CLOW RE RM 104

4:00 CYA Book Club RM 202

6:00 CYG Meeting

MONDAY

4:30 UCat Confession/Adoration

6:30 CYA Bible Study RM 202

7:00 Boy Scouts RM 304

TUESDAY

4:30 UCat Confession/Adoration

5:30 Legion of Mary RM 204

6:00 RITI in the Fleming Center

6:30 Cursillo RM 202 & 206

WEDNESDAY

4:30 UCat Confession/Adoration

7:00 K of C Meeting RM 305

THURSDAY

4:30 UCat Confession/Adoration

6:00 Mary & Martha Mtg RM 202

7:00 RCIA RM 303 & 305

FRIDAY

MASS INTENTIONS

Mass intentions may be obtained for loved ones, living or deceased, through the parish office. Please email info@cathedralnashville.org.

SATURDAY, 11/11

5:00 PM † Bob Holzmer (Birthday) by Deacon Joe & Pam Holzmer

SUNDAY, 11/12

8:30 AM † Father Charles Strobel

11:00 AM † Laverte Smith by DeLane Brewer

5:00 PM People of the Parish

8:00 PM University Catholic Students

MONDAY, 11/13

7:00 AM † Deceased Members of the Ambrosino Family by Martin & Mary Jean

Stevens

12:10 PM † Chandler Wynne by DeLane Brewer

5:30 PM † Jack Cassidy

TUESDAY, 11/14

7:00 AM † Anne Wall Christeson by Peggy Chance

12:10 PM † Martha Taylor (Anniversary) by the Beal Family

5:30 PM † Betty Cassidy

WEDNESDAY, 11/15

7:00 AM Pam Cooper (Special Intention) by Suzanne Smith

12:10 PM Seminarians of the Diocese

5:30 PM FOCUS

THURSDAY, 11/16

7:00 AM In Honor of St. Joseph on St. Mary Campus by Gale Wheaton

12:10 PM † Fred Pancoast by Peggy Chance

5:30 PM † Geneva Smith

FRIDAY, 11/17

7:00 AM † Martha Taylor (Birthday) by the Beal Family

12:10 PM † Morris H. Brogden (13th Anniversary) by Pete & Katherine DeLay

SATURDAY, 11/18

5:00 PM † Robert T. Schwartz (25th Anniversary) by the Kirshke-Schwartz

Family

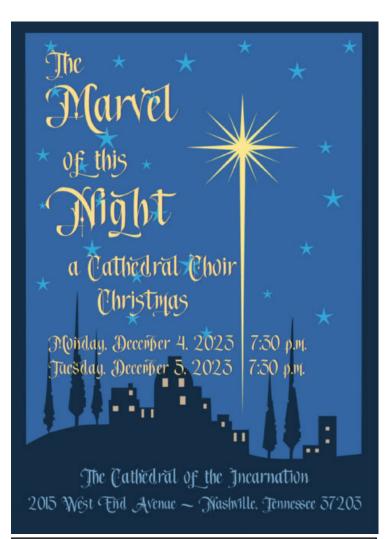
May the Souls of the Faithful Departed, through the Mercy of God, Rest in Peace. Amen

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Holiday Recipes

Do you have a favorite family recipe that you'd like to share with the parish?

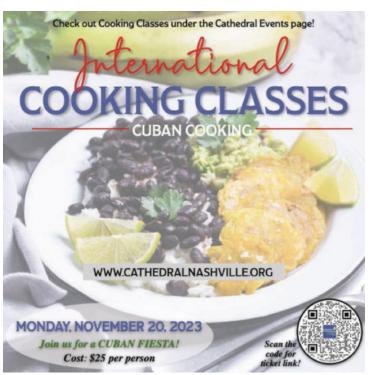
Please email it to Knights of Columbus at recipe@kofccouncil544.org to be included in the November or December bulletin!



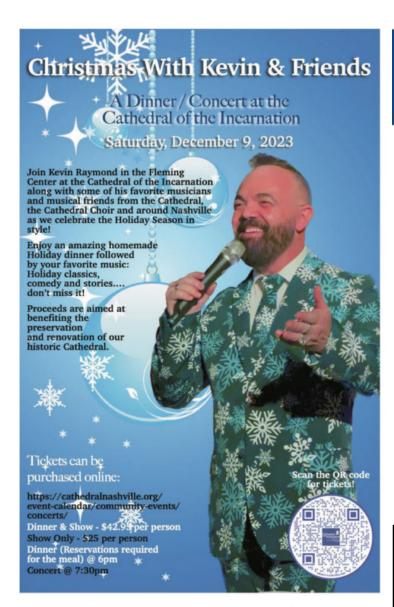


Altar Servers Needed

All rising 3rd graders who would like to be altar servers, please contact Deacon Joe and Pam Holzmer at holzmer5@att.net to schedule training.







The Elijah Cup Program Is Coming!

What is the Elijah Cup?

The Elijah Cup ministry has as its main focus to pray for an increase in priestly, diaconal, and religious vocations. Each week, a family, couple, or individual that has signed up will receive the Elijah Cup Chalice at Mass. For that week the



chalice remains with them as a focal point of prayer in their homes, dedicated specifically for an increase in vocations. At the end of the week the chalice is returned and is then handed over to the next person, couple, or family that signed up.

Why is it called the Elijah Cup?

The scriptural basis of the program is from the Old Testament reading of Elijah and the widow (Kings 1: 8-15) where God promises the widow that by providing food for Elijah of what little she had "the

jar of flour shall not go empty, nor the jug of oil run dry". At this command, the widow and her son were able to eat for a year without running out of food. Likewise through this program, by offering what we have we pray that God will provide and we will see an overflow of vocations in the parish, the deanery and the Diocese at large.



The Cathedral Room in the Inn Program has already begun! We will host 20 men every Tuesday night, EXCEPT December 26. Set up will begin at 5:30pm in the Fleming Center.

We are always in need of innkeepers to stay the night.

If you are able, please consider helping in this role. Also, we will no longer have a bus in the morning, so if you can help as a morning driver, please sign up.

The sign up sheet is here:

Also, we have started the Amazon store. This will be updated throughout the season. Everything is shipped directly to the Cathedral.



The link for the store is coming soon ... stay tuned!

Contact **Sarah McLeod at 615-308-9767** or **mcleodsarah@comcast.net** for more information.

The Mary & Martha Women's Group

has resumed meeting the 3rd Thursday of the month, in Room 202 of St Albert Hall.

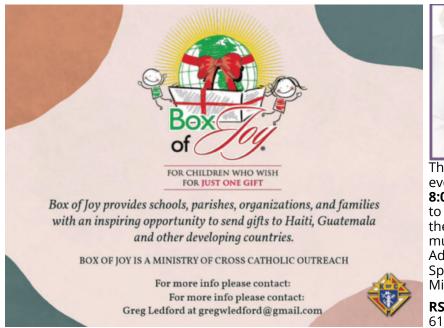
Next meetings: Nov 16, Dec 21, Jan 18.

Advent Wreath-Making Workshop

Sunday, Dec 3rd 9:30am-1:00pm Fleming Center

This is the perfect way to make your own Advent wreath and a great way to bring faith into your household and encourage prayer at home. Kid craft corner available. Reserve your place today. Limited space available.

RSVP: Susan Brigance--615-406-5815, susan.brigance@vumc.org





This year, Our Women's Advent by Candlelight evening will be on Friday, December 1st, 6:00-8:00pm in the Fleming Center. Plan on attending to experience a peaceful, pretty event that allows the women of the parish to enjoy an evening meal, music, and a guest speaker, while kicking off the Advent season. Reservations are now available. Sponsored by the Mary & Martha Women's Ministry.

RSVP: Susan Brigance, 615-406-5815, susan.brigance@vumc.org

Information Concerning Advent 2023

This year, the First Sunday of Advent falls on Sunday, December 3rd and the Fourth Sunday of Advent falls on Sunday, December 24th. With the coming of Advent we begin a new liturgical season and soon our reading cycle will be Year B, the Gospel of St. Mark.

Because the Fourth Sunday of Advent falls on Christmas Eve this year, our Sunday Obligation tells us we must attend a Liturgy for that date (12/24) and a separate Liturgy to fulfill our Holy Day of Obligation for Christmas (12/25).

Masses for December 24th, the Fourth Sunday of Advent, will be:

Saturday, 12/23 at 5pm *Sunday*, 12/24 at 8:30am and 11am.

Our Masses for Christmas will be:

Sunday, 12/24 at 4pm Children's Mass in the Cathedral Sunday, 12/24 at 4pm "Quiet" Mass in the Fleming Center Sunday, 12/24 at 7pm

Sunday, 12/24 at 10pm Monday, 12/25 at 10am



COLCANNON

Here's a lovely Irish recipe for your holiday table that combines two favorites: Mashed potatoes and fried cabbage!

INGREDIENTS

3 pounds Russet or baking potatoes peeled & quartered ½ cup cream warmed ¼ cup butter melted, more as needed

1 white onion or 2 leeks ½ head cabbage (approx. 6 cups) 3 tablespoons butter melted

DIRECTION

Bring a large pot of salted water to a boil. Add the potatoes and simmer for 12-15 minutes or until fork-tender.

While the potatoes are cooking, prepare the onion or leeks, and cabbage. Dice the white onion into ½inch pieces or slice the white and light green parts of the leeks thinly and rinse well. Cut the cabbage into 1-inch pieces.

Melt ¼ cup of butter in a large skillet over medium heat. Cook the onion or leeks and cabbage in the butter until the onion is translucent and the cabbage is tender.

Once the potatoes are cooked, drain them and return them to the warm pot. Mash the potatoes with a potato masher, adding cream and butter as needed to reach a smooth consistency. Season with salt and pepper.

Gently fold the mashed potatoes, cabbage, and onions together

Top with additional melted butter if desired.

Gently fold together mashed potatoes, cabbage & onions. Top with additional melted butter if desired and crumbled bacon if using.



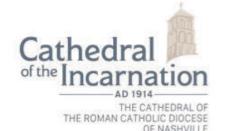
All women in the Parish are welcome to be part of the

Cathedral Heart of Mary Women's Group for Vocations.

Our ministry mission is to pray for and serve our Cathedral clergy and seminarians.

All are invited to join us! For more information contact Pam Holzmer: holzmer5@att.net.

Regrettably we have had to cancel the organ and brass concert scheduled for November 19.





You are the light of the world. Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father. Matthew 5:14,16.

The Cathedral of the Incarnation is partnering with Habitat for Humanity and three sister parishes to build a home for a family in need. Habitat for Humanity is a Christian ministry founded on the conviction that every man, woman and child should have a simple, decent place to live in dignity and safety. Habitat relies on the faithful in our community to put faith and love into action and to give without seeking profit or interest in return.

Meet Dur Partner Family

LaTasha's lease was not renewed after 4 years. With 30 days to find housing, she and her two toddlers were facing homelessness. She's kept her medical specialist job but pays \$400 more for rent.



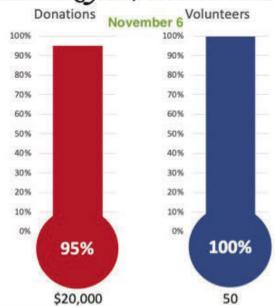
"I want so show my kids that homeownership is possible with hard work and dedication. It is amazing to know that people who don't even know me are here to support me."

How Habitat works

The only thing that Habitat gives away is opportunity. Everything else is earned. Habitat partners with families who can afford monthly mortgage payments but would not qualify for a market-rate loan. Homes are made affordable through volunteer labor and funding provided by local businesses, churches and individuals. Future homeowners are building their own homes and the homes of others. Habitat is both the builder and the bank, selling houses to partner families through zero-interest mortgages. Mortgage payments are "recycled" to

> Want to help? Donate at www.cathedralnashville.org/habitat. Sign up to volunteer in Narthex.

Thank you, Cathedral!





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- Romans 12:2

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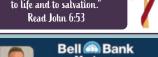
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