

DECEMBER 18, 2022 | THE FOURTH SUNDAY OF ADVENT

# Cathedral OF THE Incarnation



## MASS SCHEDULE

### WEEKDAY MASSES

Monday – Friday 7:00 AM & 12:10 PM  
Monday - Thursday 5:30 PM UCat

### WEEKEND MASSES

Saturday 8:00 AM (First Saturday Only)  
5:00 PM

Sunday 8:30 AM, 11:00 AM, 5:00 PM

### CONFESSION

Saturday 3:00 PM – 4:30 PM

## CONTACT US

2015 West End Avenue  
Nashville, TN 37203-2304

615-327-2330  
info@cathedralnashville.org  
www.cathedralnashville.org

### PARISH OFFICE HOURS

Monday – Thursday  
8:00 AM – 4:00 PM  
Friday 8:00 AM – 12:00 PM  
Saturday – Sunday Closed

## OUR CLERGY

**12TH BISHOP OF NASHVILLE**  
Most Rev. J. Mark Spalding, J.C.L.

**PASTOR & RECTOR**  
Father Eric Fowlkes

**ASSOCIATE PASTOR**  
Father Anh Tuan Phan

**DEACONS**  
Joe Holzmer, Thales Finchum,  
Mark Faulkner



/cathedralnashville



/cathedralnashville

# WELCOME!

We're glad you are here!

If you would like to join the parish or if you are not Catholic and would like to learn about the Faith or ask questions, please call the Parish Office at 615-327-2330. Or visit our website at [www.cathedralnashville.org](http://www.cathedralnashville.org)

## PARISH STAFF

### BUSINESS ADMINISTRATOR

Mr. Ray Elder

### PARISH BOOKKEEPER

Mrs. Madalene Houchin

### PARISH OFFICE COORDINATOR

Ms. Marcie Curtis

### DIRECTOR OF FAITH FORMATION

Mrs. Melissa Doyle

### DIRECTOR OF MUSIC MINISTRY

Mr. Jackson Schoos

### DIRECTOR OF RCIA

Mr. Kevin F. Raymond

### NURSERY COODINATOR

Mrs. Kelly Doyle

### YOUTH GROUP COORDINATOR

Mr. Jorge Amaro

### WEDDINGS & EVENTS COORDINATOR

Mrs. Sally Rada

### FACILITIES COORDINATOR

Norma Camarillo

### UNIVERSITY CATHOLIC CHAPLAIN

Fr. Rhodes Bolster

[www.universitycatholic.org](http://www.universitycatholic.org)

## MASS INTENTIONS

Mass Intentions may be obtained for loved ones, living or deceased, through the Parish Office with a suggested donation of \$10 per intention. Please email [info@cathedralnashville.org](mailto:info@cathedralnashville.org).

### SATURDAY, 12/17

5:00 PM † Betty Crecelius by Deacon Joe & Pam Holzmer

### SUNDAY, 12/18

8:30 AM † Ernest Cote, Jr. by the Grant Family

11:00 AM † Terry Hill by the Patricia & Chris Casa Santa

5:00 PM People of the Diocese

### MONDAY, 12/19

7:00 AM † Jack McKenzie by Doug Henard & Cornelia Coode

12:10 PM † Vicent Tran Tan Dot

### TUESDAY, 12/20

7:00 AM † Cecil Chance by Peggy Chance

12:10 PM † Andy Buendia by the Nitsche Family

### WEDNESDAY, 12/21

7:00 AM Frank Mulhall

12:10 PM † Mario Miglietta by John Miglietta

### THURSDAY, 12/22

7:00 AM † Al & Carol Davis by Jane Manning

12:10 PM † Thomas Lawrence

### FRIDAY, 12/23

7:00 AM Frank Mulhall

12:10 PM † Augustus Frank DiStadio by Christine DiStadio

### SATURDAY, 12/24

4:00 PM † Robert Nosal by Ed & Sally Stack (Fleming Center)

4:00 PM People of the Cathedral Parish (Church)

7:00 PM † Angelo & Ruth Rottero by Eleanor Gregory

## This Week At Cathedral

December 17 - December 24

### SATURDAY

7:00 Cursillo Group in RM 303 & 304

### SUNDAY

Coffee & Donuts After Morning Masses

8:00 Rosary Before Mass Every Sunday

8:30 CLOW RE RM 104

4:00 CYA Book Club RM 202

6:00 Youth Group RM 304

### MONDAY

6:30 CYA Bible Study RM 305

7:00 Boy Scouts RM 304

### TUESDAY

10:30 Women's Prayer Group RM 301

5:30 Legion of Mary RM 204

5:30 Cursillo RM 202 & 206

### WEDNESDAY

### THURSDAY

*May the Souls of the Faithful Departed, through the Mercy of God, Rest in Peace. Amen*

**eGiving** makes it easy to give anytime, anywhere. Online donations through OSV sustain our parish ministries and keep our offertory consistent. Plus, it's a quick and easy way to support your parish! If you make a switch today, you'll be giving steady support to the parish ministries you care about most. Thank you for helping us reach our goals! Just scan the online giving QR code or visit us at:

[www.osvhub.com/cathedralnashville/giving/funds](http://www.osvhub.com/cathedralnashville/giving/funds)





### Altar Servers Needed

All rising 3rd graders who would like to be altar servers, please contact Deacon Joe and Pam Holzmer at [holzmer5@att.net](mailto:holzmer5@att.net) to schedule training.

### Baptism Classes

Baptism class is held the first Sunday of the month after the 8:30 Mass in St. Albert Hall, Room 303. No registration is required.

### Cathedral Young Adults

Join our drop-in, young adults group! Interested? Contact Claire Mathews (770-366-9228) or scan the QR code to join the Young Adults listserv.



### Cathedral Youth Group

Reminder to parents of high schoolers that High School Youth Group meets Sunday evenings 6:15 to 8:30 PM. All high school students are welcome to attend for food, faith, and fellowship. Contact Youth Group Coordinator Jorge Amaro at [cyg@cathedralnashville.org](mailto:cyg@cathedralnashville.org).

### Needed: Meals for Priests

Our priests set aside one evening each week to dine together in the rectory. Show your appreciation for all they do by providing dinner! Don't like to cook? Offer prayers for their protection and strength.

For more information or to sign up please call Shawn Curley at 615.497.1513 or email [smcurley@comcast.net](mailto:smcurley@comcast.net) or scan the QR code!



## Christmas Mass Schedule

December 24th & 25th, 2022

### Christmas Eve

4PM CHILDREN'S LITURGY IN THE CATHEDRAL  
4PM QUIET MASS IN THE FLEMING CENTER  
7PM VIGIL MASS  
10PM "MIDNIGHT" MASS WITH BISHOP SPALDING  
(MUSIC PRELUDE BEGINS 9:30PM)

### Christmas Day

8:30AM MORNING MASS  
11AM MORNING MASS  
THERE WILL BE NO 5PM MASS CHRISTMAS DAY



Registered parishioners will receive a letter from Bishop Spalding about this campaign and how you can play an important part in our success. Please review the campaign material, pray about your response, and continue to spread the positive

message about this important effort! Our parish goal is \$2,123,970.

Continue to say the campaign prayer for Cathedral of the Incarnation's success and for your hard-working campaign volunteers who are giving of their time and hearts.

### Knights of Columbus Annual See's Candies Sale

Pre-orders will be available for pick-up on Sunday, December 11th after the 8:30 and 11 am masses outside the Fleming Center. If you cannot pick up your order at this time, please reach out to Chris Crane [Christopher.e.crane@gmail.com](mailto:Christopher.e.crane@gmail.com) – he will be happy to make alternate arrangements. For those who didn't pre-order candy, the Knights will be selling candy for walk-up customers at the same time. Cash, check, credit card accepted. Please help the Knights by supporting this annual fundraiser, organized by our late, beloved Terry Hill in 2012, to benefit the Knights' many community and service programs.

### Our Christmas Poinsettias

honor living loved ones or memorialize those who have gone before us. Please turn in your flower donation offering envelope or submit your request at

<https://www.osvhub.com/cathedralnashville/giving/funds/flowers>

It is appreciated for you to write your loved ones' names in the notes field, including "in memory of" or "in honor of."



*Start the New Year off by practicing*  
**Mindfulness Meditation  
and  
Self Care**

Join us on Saturday January 7, 2023 for an  
Introduction to Mindfulness Day-Long Retreat  
9am - 3pm at the Cathedral

Please bring lunch and a drink.  
Healthy snacks, water, and tea will be provided.  
You may also bring a meditation cushion and  
exercise mat. The cost is \$20 (\$15 for prior  
Introduction to Mindfulness participants). Please  
make your check out to the "Cathedral of the  
Incarnation."

Respond to Melissa Doyle at:  
mdoyle@cathedralnashville.org

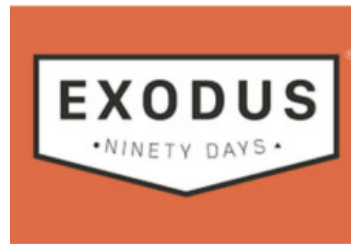


The **Room in the Inn** has been updated for the Cathedral of the Incarnation! We host 20 men every Tuesday evening. We provide dinner, showers, a bed, breakfast and lunch. We need about 20 volunteers each week to make this a success. We are in need of INNKEEPERS and DRIVERS. Please consider helping with these two very important roles. If you are interested, please contact the parish office at 615-327-2330 or [info@cathedralnashville.org](mailto:info@cathedralnashville.org).

Besides innkeepers and drivers, we need help with set up, providers of breakfast, lunch and dinner, and laundry assistance. To sign up, the link is here: <https://www.signupgenius.com/go/30E054FA9A92B0-room>

Or help by donating supplies! A gift list is available on the Amazon website where you can purchase items. These items will ship to the Cathedral of the Incarnation office. The list can be accessed here: <https://www.amazon.com/registries/custom/21B0GFJ6L2DWW/guest-view>

Thank you for supporting and helping this important ministry!



**Looking for a way to grow  
in holiness this New Year?**

We weren't created to be comfortable and cozy and in control in this life – we were created to be on fire for Jesus Christ and to live a life of self-giving for God and neighbor.

Knowing this to be true, here's an invitation to all the men of The Cathedral to consider the Exodus 90 program this coming 2023 new year. The program will begin on Jan 9, 2023 and end on Apr 9. Exodus 90 has been around for a few years after it was developed at Mount Saint Mary Seminary in Emmitsburg as a way to help seminarians to find the kind of freedom they needed to be able to pursue vocation to the priesthood, now it is offered to all Catholic men.

Essentially it is 90 days of prayer, fasting, and fraternity – and it's pretty heavy on the fasting or penance part. Zoom interest meetings will be held on Mon, Dec 29 at 7PM and Mon, Jan 4 at 7PM.

If you would like to register of either of those information sessions, email [BarneyZeng@gmail.com](mailto:BarneyZeng@gmail.com). Also, here's a link with more information: [www.Exodus90.com](http://www.Exodus90.com).

**Mary & Martha Women's Ministry**

**January 21st:** Saturday Morning

"Beat the Winter Blues" Retreat

Guest Speaker: Father Eric Fowlkes

**January 31st:** Hosting Room In The Inn

**February 19th:** Mardi Gras Party Y'all

**March:** Sip & Paint (DTBD)

**Next Meeting:** Thursday, December 15th

6-7pm Room 202 St. Albert Hall

**Don't forget! Our nursery is  
open on Sundays for the  
8:30 am and 11:00 am Masses!**

Do you know someone interested in learning more and becoming a part of the Catholic Faith through RCIA?

Perhaps you might want to volunteer to be a sponsor and walk with someone through the process of RCIA?

There are any ways to volunteer!

Contact Kevin Raymond at:  
[KFRaymond@cathedralnashville.org](mailto:KFRaymond@cathedralnashville.org)





2022

# HELP HAITI!

SAINT JEAN BAPTISTE

● HAITI ●

LA VALLÉE DE JACMEL

This situation has had a major impact on everyone living in Haiti. People are unable to get basic necessities, like food & water, which is causing a new set of complications. This is mainly due to the fact that transportation has been difficult because of gas shortages & roadblocks. It has caused many businesses to shutdown because they cannot get the supplies they need and that in turn has resulted in people losing their jobs or having disruptions in their income. Banks are also having trouble getting cash, so they are rarely open & even when they are, there are long lines & limits on how much money someone can take out.

These complications, among others, are the daily struggles the people in our community are facing. It is also having a major impact on our Business Program, forcing our businesses to close which affects both our employees & customers. We commend our business teams' nonstop efforts to find supplies in order to stay open & continue paying their employees. Our dental clinic has continued to operate as much as possible, but those opportunities are becoming greatly reduced. Even when the clinic is open, our staff is seeing fewer patients than normal due to people not wanting to get out as insecurity persists.

It also saddens us to know that the youth of Haiti are being robbed of receiving an education. The Ministry of Education has been forced to delay the start of school to protect student and teacher safety. But, we are ready to see students sitting at their desks, teachers writing on the chalkboard, food being served in the lunchroom & soccer being played on the fields at break. We, along with our community, are praying for some "normalcy" like this to come soon.

We have faith that God is doing incredible things in Haiti, despite the unrest & we are hopeful for positive change. We ask that you keep Haiti close to your heart in this difficult season.

## OUR HAITI MISSION NEEDS YOUR HELP!

Haiti has been struggling for some time now with political unrest, inflation, & insecurity. This has caused an array of problems throughout the country, delaying the start of the school year, forcing businesses to close and leaving communities to deal with food and fuel shortages. Things are quickly going from bad to worse.



## YOU CAN DONATE NOW!

Help Father Simon feed the most vulnerable in our adopted Parish!

If you feel called to do so, you can make a donation online by visiting our website or scanning the QR code below. You can also write a check to the Cathedral & put "Haiti-Humanitarian" in the memo line. Your donations will help us support our community while the country has been shut down. This will go to those that have been hit the hardest - people that have lost jobs, our college students stuck in Port au Prince, the elderly, the sick, the vulnerable and anyone else in need of assistance.



● [www.haitimission.org](http://www.haitimission.org) ●



## Cathedral of the Incarnation Advent Project

# STOCKING THE SHELVES



*'Tis the Season  
of Giving*



- |                        |                             |
|------------------------|-----------------------------|
| 1. BOX OF CEREAL       | 13. CANNED BEANS            |
| 2. PEANUT BUTTER       | 14. BOX OF CRACKERS         |
| 3. PANCAKE SYRUP       | 15. PACKAGE OF RICE         |
| 4. BOXED POTATOES      | 16. CAN OF MIXED VEGETABLES |
| 5. MACARONI AND CHEESE | 17. PACKAGE OF PASTA        |
| 6. CANNED FRUIT        | 18. SPAGHETTI SAUCE         |
| 7. CANNED TOMATOES     | 19. CHICKEN NOODLE SOUP     |
| 8. CANNED TUNA         | 20. TOMATO SOUP             |
| 9. DESSERT MIX         | 21. CAN OF CORN             |
| 10. JAR OF APPLESAUCE  | 22. CAN OF CARROTS          |
| 11. CAN OF GREEN BEANS | 23. BAG OF GROUND COFFEE    |
| 12. PANCAKE MIX        | 24. CAN OF CHICKEN          |





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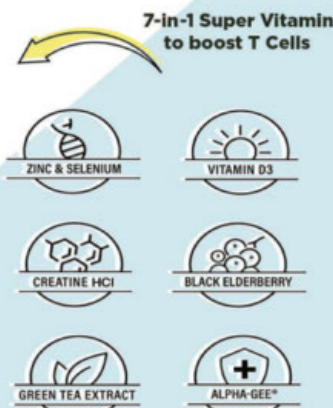
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"Never forget the Lord can use all that is good AND all that appears bad to execute the Divine will for life...so just trust and pray and move forward." -Sister Sandra Smithson



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